

01 起床

Good morning.

早上好

Time to wake up!

醒醒！

Get up!

该起床了！

Wake up, you sleepyhead.

起床了，你这个贪睡鬼。

Rise and shine.

太阳都晒屁股了。

Want to sleep more?

还想睡吗？

Just five more minutes.

只能再睡 5 分钟。

I 'll count to three. Come on!

我数到三，快点起床！

儿歌：Good Moring, Mr rooster 早上好，公鸡先生

Are You Sleeping 你在睡觉吗？



02 洗漱

Time to wash your face.

起床洗脸了哦。

Turn on the water.

打开水龙头。

Wash your neck, too.

脖子也要洗哦。

Want Mom to help you?

需要妈妈帮你吗？

Are you done?

都洗好了吗？

Get a clean towel.

那一条干净的毛巾。

Watch out for the slippery floor.

厕所的地板很滑，要小心哦。

儿歌：Wash your hands 洗手歌



03 刷牙

Time to brush your teeth.

该刷牙了。

Brush up and down.

刷牙要上下刷。

Don 't forget to brush deep inside.

不要忘记也要刷里面哦。

Clean your teeth and gums thoroughly.

牙和牙床都要彻底刷干净。

Don 't forget to brush your tongue.

不要忘记刷舌头。

Gargle and spit.

漱口，然后吐掉。

儿歌：brush your teeth 刷牙歌



04 吃早餐

It's time for breakfast.

该吃早餐了。

come and eat your breakfast.

来吃早餐吧。

Sit at the table.

从餐桌旁。

Let's have breakfast.

吃早餐吧。

How is it? Isn't it good?

味道如何？好吃吗？

Why aren't you eating?

你为什么不吃？

Eating breakfast makes you strong.

吃早餐，会让你更健康。

Just take one more bite.

再多吃一口。

Let's drink some water.

喝点水

儿歌：Are you hungry 你饿吗？

the Bananas Songs 香蕉歌



05 上厕所

I have to pee.

我要去尿尿。

I have to poop.

我要去便便。

I'm about to poop.

我快要大出来了。

Take off your pants first.

先把你的裤子脱下来。

Don't forget to flush.

不要忘记冲水。

Can you pee by yourself?

你可以自己尿尿吗？

Wash your hands after you poop.

便便后，要洗手

儿歌：Sitting on the potty 坐在便盆上



06 穿衣服

Let's get changed.

让我们来换衣服吧。

Can you get dressed by yourself?

你可以自己穿衣服吗？

Do you want Mom to help you?

你需要妈妈帮忙吗？

Fold your sleeves.

把袖子摺起来。

Put on your hat.

戴上帽子。

Your socks don't match.

你的袜子不是同一双。

Where is your other sock?

你的另一只裤子在哪？

Let's zip up your pants

拉上裤子的拉链。

Let's button your shirt.

扣好你的衬衫钮扣。

儿歌：This is the way we get dressed

我们一起穿衣服吧



07 穿鞋子

Put on your shoes.

穿上你的鞋子。

Change your shoes to sneakers.

换上运动鞋。

Your shoes are on the wrong feet.

你的鞋子穿错脚了。

Switch shoes.

交换穿一下。

Don't step on the back of your shoes.

不要踩到鞋后跟。

You need your sneakers if you want to run.

如果你要跑步的话，你需要穿运动鞋。

儿歌：Put on your shoes 穿上你的鞋子



08 晴天

What is the weather like today? /

How's the weather today?

今天的天气如何？

It's a bright, sunny day.

今天是个大晴天。

It's beautiful.

天气很好。

It's going to be fine.

天气会变晴。

It's getting warmer and warmer.

天气会越来越暖和。

Put sunscreen on because the sun is hot.

太阳很大，要擦防晒霜。

Your face will get sunburned if you don't put it on.

如果你不擦的话，你的脸会被晒伤。

Cover yourself from the sun with a sun cap.

戴上遮阳帽来遮太阳。

Try to walk on the shady side,

尽可能走有阴影的地方。

Walk with me under my parasol.

跟我一起撑阳伞走吧。

儿歌：How's The weather 天气怎么样

Mr.Sun, Mr, Golden Sun 太阳先生



09 下雨天

It's raining. 下雨了。

It's starting to rain. 开始下雨了。

It's drizzling. 下毛毛雨了。

There is a heavy rain shower outside.

外面正下着大雨。

It's pouring rain.

雨倾盆而下。

The rain has stopped. 雨停了。

It's been raining since yesterday.

从昨天开始就一直下雨。

It's been raining off and on all day. TM

一整天雨都在下下停停。

It's been raining the whole day today.

今天已经下了整天的雨。

It's not going to rain that much.

雨应该不会下那么大。

There are thunder and lightning.

又打雷又闪电的。

It's raining cats and dogs.

下倾盆大雨了

儿歌: Rain Rain Go away

大雨大雨快走开



10 下雪天

It's snowing outside. 外面下雪了。

Wow, the first snow of the year. 哇，这是今年的初雪！

It's snowing a lot. 下好多雪。

It snowed 10cm. 雪下了 10 公分。

There's a lot of snow on the ground. 地上积了很多雪。

It snowed all week. 下了整周的雪。

The world is covered in snow. 世界被雪覆盖住了。

The world is all white. 世界都变成白色的了。

It's sleeting. 雨雪夹杂地下。

I wonder if a snowstorm is coming. 我想暴风雪要来了。

The road is frozen. 路上都结冰了。

We can't even move because of all the snow.

因为这些雪，我们动弹不得。

Let's have a snow fight, Dad. 爸爸，我们来打雪仗吧。

I want to go sledding. 我想要滑雪橇。

I want to make a snowman. 我要堆雪人。

Let's go ice-skating. 我们去溜冰吧。

I don't want the snow to melt. 我希望雪不会融化。

Be careful not to slip. 小心不要滑倒。

Let's get the snow off the car.

我们把积在车上的雪清掉吧。

儿歌：Little Snowflake 小雪花



11 梳头发

Let's comb your hair.

我们来梳头发吧

I will tie your hair pretty.

我会把你的头发绑得很漂亮

Do you want it tied in a ponytail or pigtails?

你要绑成马尾？还是辫子？

Let me part your hair.

让我来帮你把头发分开

Don't move

不要动

Your hair has grown a lot.

你的头发长很多了

Your hair is fluffy.

你的头发很蓬松



12 过马路

Watch out for cars.

要小心车。

Don't walk on the road.

不要走到车道。

Always cross at crosswalks.

穿越马路一定要走在斑马线上。

Be careful when you cross the street.

你过马路时，要小心。

Look sideways while you are walking.

走路时，要注意看旁边。

Watch for the traffic lights.

要看红绿灯。

Make sure you walk when the light is green.

确定是绿灯时，你才能走。



13 使用电梯

Go and call the elevator.

去按一下电梯。

The elevator is going up / down.

电梯上来/下来了。

Let me push the button.

我来按按钮。

The elevator is here.

电梯来了。

Hold the elevator.

按钮让电梯停一下。

Let's get on the elevator.

进电梯吧。

Can you press the first floor?

你能按一下一楼吗？

What floor should we press?

我们要按哪一楼呢？

Press the open / close button.

按一下开门/关门钮。



14 扫地/擦地板

Let's wipe the floor.

我们来擦地板吧。

I'm going to sweep the floor today.

今天我要扫地。

We're going to wipe the room with a rag.

我们要用抹布擦房间。

I wipe after sweeping.

先扫之后再擦。

We need to use the vacuum before
we wipe the floor.

我们在擦地之前，要先用吸尘器吸过。

Can you help me clean the room?

你能帮我打扫房间吗？

Can you get me the rag?

你能帮我拿抹布吗？



15 整理玩具

The toys on the floor are a mess.

地板上的玩具很凌乱。

Who made such a mess.

是谁弄得这么乱的？

Why is there such a mess.

为什么这么乱？

You should clean up after you play.

玩完之后，你应该整理的。

Go put away your toys
so Mommy can clean up the room.

去整理你的玩具，妈妈要打扫房间。

Can you clean up by yourself?

你能自己整理吗？

You should put the books on the shelves.

你应该把书放在书架上。

Put it in the toy box.

把那个放在玩具箱内。



16 打扫房间及 整理书桌

Please clean up your room.

请把房间清干净。

Please clean off your desk.

请把书桌清干净。

The bookshelves are all messed up.

书架已经乱得不像样了。

Please empty the trash can.

请把垃圾桶清空。

Your bed is so messy.

你的床太脏乱了。



17 洗碗

Mommy is doing the dishes.

妈妈在洗碗。

We should do the dishes.

我们应该去洗碗。

There are a lot of dishes today.

今天又很多碗要洗。

Can you clear the table?

你能清理餐桌吗？

Can you wipe the table?

你能帮我擦餐桌吗？

Put the dishes in the sink.

把碗盘放在洗碗槽内。



18 洗衣服

I'm going to use the washing machine.

我要去用洗衣机了。

I'm going to do the laundry.

我要去洗衣服了。

Let's put the laundry in the machine.

把要洗的衣服放进洗衣机内。

Get the socks all together.

把袜子都放一起。

Put the colored clothes here and the whites over there.

有颜色的衣服放这里，白色的衣服放那里。

Should these pants be washed?

这条裤子也要洗吗？



19 晾衣服

Let's hand the clothes on the rack.

我们把衣服晾在晾衣架上吧。

Will you help me hang the clothes?

你能帮我晾这些衣服吗？

Try hanging your clothes by yourself.

你的衣服你自己试着晾晾看。

I want to hang the socks.

我想要晾袜子。

Put it on the drying rack.

晾在晾衣架上。



20 折衣服

The laundry is all dry.

衣服都干了。

Let's take the clothes off the rack.

我们把衣服从晾衣架上拿下来吧。

Let's fold these clothes neatly.

我们来好好折衣服吧。

Try to fold it neatly.

试着折整齐一点。

Fold it in half like this.

像这样对半折。

Put the socks in the sock bin.

把袜子放在袜子箱内。

Can you put the clothes back in the place?

你能把衣服放回原处吗？



21 熨衣服

We need to iron Dad's shirt.

我们要烫爸爸的衬衫。

The shirt's all wrinkled.

这件衬衫都皱皱的。

Want to see Mommy ironing?

想看妈妈烫衣服吗？

The iron looks like a boat.

这熨斗看起来好像一条船。

The iron's too hot. It's dangerous.

熨斗太烫，很危险。

Don't touch it.

不要碰。

You shouldn't iron by yourself.

你不可以自己烫衣服。

Don't come near it since it's hot.

不要靠太近，因为很烫。



22 浇花草

Let's put some water in the flower pots.

我们放点水到花盆里吧。

Let's water the flowers.

我们来浇花吧。

The soil is all dry.

这些土都干了

The flower's withered.

这些花都枯了。

Seems like the flowers are thirsty.

这些花看起来很口渴。

Let's give them some water

so the flowers won't wither.

我们要给它们浇水，以便让花不会枯萎



23 修东西

Look like it's broken.

这好像故障了。

Mom, it's not working.

妈，这个不能动了。

Mom, can you fix this?

妈妈，你会修这个吗？

I broke it by accident.

我不小心弄破了。

Can it be used again?

这个还能再用吗？

I'll try.

我会试试看。



24 吃午餐

Mom, I'm hungry.

妈妈，我饿了。

I'm starving (to death).

我饿死了。

Wait a second. I'll have lunch ready soon.

等一下。我马上把午餐准备好。

What is for lunch?

午餐是什么？

What about sandwich?

三明治如何？

Want to eat at home or out?

要在家吃，还是出去吃？

Want to order something for lunch?

午餐要不要叫外送？



25 吃点心

Let's have a snack.

我们来吃点心吗。

Come and have a snack, Honey.

宝贝，来吃点心了。

What do you want for a snack?

你想吃什么点心？

Bread and milk, please.

请给我面包和牛奶。

What's my snack, Mom?

妈妈，我的点心是什么？

It's your favorite. Waffles.

是你最喜欢的松饼。

Is there anything else?

没有其他的了吗？

What do you want to eat?

你想吃什么？



26 做作业

Do you have any homework?

你有回家作业吗？

Yes, I do./NO, I don't.

是的，我有。/不，我没有。

Do you have a lot of homework?

你有很多作业吗？

What's your homework?

你的作业是什么？

Show me your assignment notebook.

给我看你的作业簿。

Play after you do your homework.

做完作业再玩。

Did you get your homework done?

你把作业做完了吗？

Do your homework first.

先做作业。



27 在外面玩

Mom, can I go play outside?

妈，我可以去外面玩吗？

I'm going to the playground.

我要去游乐场玩。

Mom, can I ride my bike?

妈妈，我可以骑脚踏车吗？

Go and play outside.

去外面玩。

Come back in an hour.

一小时后要回来。

Come back before dinner.

晚餐前要回来。

Just stay around the house.

只能在房子附近玩。

Don't go out of the apartment area.

不要走到公寓社区外。

Don't go too far.

不要去太远。



28 看电视

What program should we watch tonight?

今天晚上我们要看什么节目呢？

Mom wants to watch it,too.

妈妈也想看。

Come here. It's going to start.

快来这里，要开始了。

Wow,it's really fun!

哇，好好笑喔！

It's my favorite show.

这是我最喜爱的节目。

Back off a little. Your eyes will get bad.

往后一点。你的眼睛会坏掉的。

Sit straight while watching.

看得时候要坐正。



29 洗澡

It's time to take a bath.

该是洗澡的时间了。

Go to sleep after your bath.

洗澡睡觉喔。

Take off your clothes.

脱掉衣服。

Want to wash your hair first?

要先洗头吗？

First, wash your hands with soap.

先用肥皂洗手。

Clean yourself well using the soap form.

用这些肥皂泡沫好好洗澡。

Let's wash off the soap now.

我们把肥皂洗掉吧。

Give yourself a final rinse.

最后在冲下水。

It's done. Let's dry you with a towel.

好了，用毛巾擦干



30 洗头

My head is itchy.

我头好痒。

Let's wash your hair.

来洗头吧。

Your hair smells. Let's wash it.

你的头臭臭的。来洗头吧。

Let's make some foam with the shampoo.

把洗发精搓出泡泡来。

Mommy will wash you.

妈妈帮你洗。

I'll dry your hair with a blow dryer.

我用吹风机来吹干你的头发。

Comb your hair.

梳头发吧。

You look very clean now.

你现在看起来很干净。

Your hair smells so good.

你的头发闻起来很香



31 睡前故事

Do you want me to read a story for you?

你要我讲个故事给你听吗？

Let me read you a story.

我给你讲个故事吧。

Mommy will read to you until you fall asleep

妈咪会一直讲故事，直到你睡着。

What story would be good ?

你喜欢哪种故事？

Choose a book you want to read .

选一本你想听的故事书吧？

You picked a good one .

你选了一本很有趣的书。



32 说我爱你

How much do you love me, Mommy?

妈咪，你有多爱我？

My love for you is as big as the universe.

我对你的爱像宇宙那么大。

You are my treasure.

你是我的宝藏。

You know how much I love you, right?

你知道我有多爱你，对吧？

Mommy loves you the most in the entire world.

在这个世界上，妈妈最爱你了。

Thanks so much for being my son/daughter.

你是我的儿子/女儿真的太感谢了。

I'll give you a kiss

我要亲你一下。

I love you more than words can say.

我太爱你了，已经不能用言语来表达



33 称赞

Great!/Terrific!

好厉害！/了不起！

You did so well.

你做的非常好。

Nice work so far.

到现在，你都做得很好。

Your hard work pays off, right?

你的努力得到了好的结果，对吧？

Two thumbs up!

给你两个赞！

Super! Just fantastic!

太棒了！了不起！

Mommy's happy to see you behave like that.

看到你像那样的表现，妈妈好开心。



34 拖拖拉拉

Time's already up? 时间都已经到了吧?

It's almost time. 时间几乎快到了。

I'm doing it. 我正在做。

Not yet. 还没好。

Can I leave without you? 我可以撒下你先走吗。

Wait for me. 等我啦。

I'll give you ten minutes. 我再给你 10 分钟。

Why do you do this all the time?

为什么你老是这样呢?

I've told you to hurry up a thousand times.

我已经跟你说了一千次要快点了。

I'm sick of it!/I'm tired of it! 我已经厌烦了。

Everyone's waiting for you. 大家都在等你。

Gosh, you're as slow as a snail.

哎，你慢得像蜗牛一样。

I'm almost done.

我快好了。



35 顶嘴

What did you just say? 你刚才说了什么?

Don't talk back to Mom. 不要跟妈妈顶嘴。

Stop talking back. 不要回嘴。

You're doing it again! 你又这样了。

Don't start with me. 不要招惹我。

You should control your mouth.

你应该管好自己的嘴巴。

Do you think you should talk like that?

你觉得你一定要那样说吗?

You keep talking back. 你还继续顶嘴。

Mom, you don't understand. 妈妈，你不明白。

Why shouldn't I tell you what I want?

为什么我不能跟你说我想说的?

You should have warned me.

你应该跟我说要小心。

Where did you learn that attitude?

你从哪里学到那种态度的。

I'm not talking back. 我不是在顶嘴。

Can I finish? 能让我把话讲完吗



36 没礼貌

What did you just do? 刚刚你做了什么?

That's not polite. 那是没礼貌的。

That's very rude. 真的是非常无礼。

Don't be rude. 不要那么没礼貌。

Mom's not your friend. 妈妈可不是你的朋友。

Please behave. 要有礼貌。

How could you do such a thing?

你怎么可以做那样的事呢?

You should know better than that.

你应该要更懂事。

What's the right way to do it?

要怎么做才是对的?

Did your teacher teach you like that?

你的老师是那样教的吗?

Did Mommy teach you that way?

妈妈教你那样的吗?

I don't want you to grow up like that.

我可不想你长大像那样。

Do you know what you did wrong?

你知道你哪里做错了吗?

Now, get it right. 现在, 给我好好做。



37 处罚

I can't stand it.

我再也忍不下去了。

You should be grounded.

你一定要被处罚

You deserve punishment, don't you?

你应该被罚，不是吗？

Tell me what you did wrong.

告诉我你做错了什么。

It was not my fault.

这不是我的错。

Timeout! Sit in the Thinking Chair.

这是处罚，坐到反省的椅子上。

You know what you did wrong, right?

你知道你做错了什么，对吧？

Mommy doesn't want to punish you.

妈妈也不想要处罚你。

But you should be responsible for your actions.

但是你应该对你的行为负责。

Mom, I'm sorry.

妈妈，对不起。

Please forgive me.

请原谅我。

I won't ever do it again.

我不会再这样做了。



38 道歉

Say sorry to each other. 互相说对不起。
Who wants to apologize first? 谁要先道歉?

I'm sorry. 对不起。

I mean it. 我是诚心地道歉。

I'll be careful next time. 我下次会小心的。

Shake hands with each other. 互相握手吧。

Look at each other in the eyes and say sorry.

看着对方的眼睛说对不起。

Don't blame others for that. 不要因此指责别人。

Say sorry sincerely. 诚心地说对不起。

Let's make sure this never happens again. All right?

让我们确认这种事以后都不会发生，好吗？

Let's get along. 我们和好吧。

I didn't do it on purpose. 我不是故意那样的。

I didn't mean it that way. 我不是那个意思。

It was a mistake. I'm really sorry.

我错了，真的很对不起。

You owe me a big apology.

你欠我一个正式的道歉



39 不在户外乱跑

Don't run. You could trip and fall. 不要跑，你会跌倒的。

There are a lot of cars. 车子很多。

It's dangerous. There's a car coming. 危险。车子来了。

Be extra careful on a curve. 在转弯处要特别小心。

Look around to see if there are any cars.

要四周看看是否有车子来。

Walk on the inner side of the sidewalk.

走在人行道内侧。

Hold my hand. 牵住我的手。

Walk with me, Honey. 跟我一起走，宝贝。

The road's dangerous. Don't run. 路上很危险，不要跑。

Look straight ahead and walk. 要好好看着前面走。

Be careful! There's someone in your way. 小心！前面有人。

Don't run where there are a lot of people.

不要在人很多的地方跑来跑去。

Wait! It is telling you to stop.

等一下，这里不是写着禁止吗？

You fell down doing that the last time.

你上次也是那样才跌倒的？

How come you ran ahead of us?

你怎么跑到我们前面去了？

Come on, Mommy! Hurry up!

妈妈，快来！快点！



40 小心陌生人

Don ' t talk to strangers.

不要跟陌生人说话。

Don't follow anyone even if they ask.

即使有人要求,你也不可以跟他一起走。

Don ' t tell a stranger your name or number.

不要告诉陌生人你的姓名和电话

Tell your teacher or mom if something weird happens.

如果发生奇怪的事要告诉老师或妈妈。

Ask for help when a stranger comes.

有奇怪的人出现时要请求帮忙

Don't go near a stranger's car.

不要靠近陌生人的车子。

Don't get in a stranger's car.

不要坐陌生人的车。

Just say no firmly.

要坚决地说不。

Only walk on busy streets.

你要走大路。

Walk where people can see you.

走在有人可以看到你的地方。

Just run if something feels wrong.

觉得不对劲时,绝对要跑开



41 打人时

It's bad to hit others. 打人是**不好**的。

Never hit others. **绝对**不可以打人。

You shouldn't hurt other people. 你不**应该**伤害其它人。

Hold it even if you want to hit him. 即使你想打他,也要忍下来。

He hit me first. 是**他**先打我的。

Don't hit him,talk to him. 不要**用打**的,要用**说**的。

You will do the wrong thing, too if you hit him back.

你打回去的话,你也是**不对**的。

Your friend's going to be hurt if you hit him.

你打他的话,你朋友会**受伤**的。

I told you never to do that.

我告诉过你**绝对**不可以那样做。

You need to get in trouble.

你需要被**处罚**。

Wan me to call the cops?

你要我去叫**警察**吗?

You must not hit girls.

你**不可以**打女孩。

Your friend's going to want to play with you now.

Are you fine with it?

现在你的朋友不会想跟你玩,这样你**也可以**吗?



42 看电视

Back off from the TV. 离电视远一点.

Back off a little more. 再往后一点.

Don't watch TV while laying down. 不要躺着看电视.

You are watching too close. 你电视看得太近啰.

Turn off the TV. 关掉电视.

BE sure to turn it off after watching it. 看完电视后一定要关掉.

It's not good for your eyes to watch it like that.

那样看的话,对眼睛不好.

Are you sitting properly? 你好好坐着吗?

You're lying down again. 你又躺下来了.

I'll turn off the TV if you sit like that.

如果你那样坐的话,我会关掉电视.

I'll turn off the TV if you don't move back.

如果你不往后一点的话,我会关掉电视.

You promised to watch for 30 minutes. 你答应我只看 30 分钟.

This will be the last thing you watch. 这是你最后能看的了.

Make sure you turn it off after this. 这看完后你一定要把电视关掉

Lean on the cushion behind you. 靠在后面的靠垫

Mom, the sofa's uncomfortable. 妈妈,这个沙发不舒服

Mom, will you get me a cushion? 妈妈,你能给我一个靠垫吗?

Mom, will you get me something to lean on?

妈妈,你能给我一个可以靠的东西吗?

Don't press the remote on and on.

不要一直按遥控器

Watch TV after finishing your homework.

写完功课后,再看电视



43 把东西放回原位

There are lots of things on the floor.

地板满满地都是东西

Put it in the drawer.

把它放进抽屉

Put them in the shelf.

把它们放上架子

Organize your things well.

好好整理你的东西

You should clear up.

你应该收拾你自己的东西

Where was this before?

这个之前放在哪里？

This doesn't belong here.

这个不是放在这里的東西

Put this where it is supposed to be.

把这个放在它应该在的地方

Put it where it belongs.

把它物归原位

Put the used things back into their place.

把用过的东西放回原处

Put the things where they belongs so you can find them easily.

把东西放在原位，这样你能很容易找到

You should have put them in the right place

你当时应该把它们放在正确的地方



44 躲猫猫

Peek- a- boo! (藏起来突然出现时) 出现了!
Honey, where's Mommy? 宝贝, 妈妈在哪里?

There you are, Mommy! 你在这里啊, 妈!

I got you, Mommy! 我抓到你了, 妈妈!

You can't see me, can you? 你看不到我, 对吧?

Where's my little baby? 我的宝贝在哪里呢?

I can hear you. 我听到你的声音了。

I can't see my baby. 我看不到我的宝贝。

Where did he/ she go? 他\她去哪里了?

Should I open the door? 我要打开门吗?

Hide under the covers. 躲在被子里面。

Huh? Who's talking? 喔? 是谁在说话?

There you are! 你在这里耶!

You were here. Were you surprised?

你在这里耶。有吓到吗?

Isn't peek- a- boo fun? 躲猫猫很好玩吗?

Want to do it again? 要再来一次吗?

That was fun. Can you do it again?

好好玩喔。你能再来一次吗?



45 画画

Look at this dinosaur I drew. 看看我画得这只恐龙

Wow, it looks so real! 哇，它看起来好逼真！

Mom, can you draw a car for me?

妈，你能画台车给我吗？

You can draw it by yourself. 你可以自己画。

Try drawing the wheels by yourself.

试着自己画画车轮。

I'll draw the car. Will you color it?

我会画车，你要上色吗？

I'm not that good. 我不太会。

I'm not good at drawing.

我不太会画画。

Look, Mom! Here's my circle.

妈，看！我画的圈圈。

Look what I drew. / Look at my picture.

看我画了什么。

I drew this.

我画了这个。

Isn't this cool?

这不是很酷吗？



46 上色

Now let's color the sketch. 现在我们来给草图上色。

Will you paint / color your sketch?

你要帮你的草图涂颜料/上色吗？

Get out the crayons / color pencils.

拿出你的蜡笔/色铅笔。

Want to use the paint and a brush?

想要用颜料和画笔吗？

Wear this smock when you're drawing.

画画时，穿上这件工作服。

What color do you need? 你要什么颜色？

I'm going to paint this part yellow. 这部分，我要上黄色。

The crayon is broken. 蜡笔断了。

Try to color inside the line.

试着在线内上色就好。

Color it carefully. Don't leave any blank part.

小心上色。不要留下任何空白部分。

Do you want to learn how to paint?

你想学怎样上色吗？

Put the paint you need on the palette. / Squeeze out the paint on the palette.

把需要的颜料挤在调色盘上。

Let's mix some more water.

我们再调多点水吧。

What color do you want to paint the flower? /

What color would you paint the flower?

你要用什么颜色给花上色呢？



47 贴纸游戏

I want to play with some stickers.

我想玩贴纸游戏。

Want to decorate this with stickers?

要用贴纸来装饰这个吗？

Can you get out the sticker book?

你能拿出贴纸簿吗？

Take off the stickers first.

首先撕下贴纸。

Where are you going to put it on?

你要贴在哪里？

Put the apple sticker on.

把苹果贴纸贴上去。

Mom, is it right to put it on here?

妈，贴在这里，对吧？

Mom, the sticker won't come off.

妈，这张贴纸撕不下来。

I put it on wrong, Mom. 妈，我贴错了。

The sticker got torn. 这张贴纸撕破了。

I accidentally tore the sticker.

我不小心把贴纸撕破了。

Can you take it off, Mom?

妈，你能帮我撕吗？

It's hard to get it off if you put it in the wrong place.

如果你贴错地方，会很难撕下来的。

It looks cool with stickers.

贴上贴纸后，看起来很炫



48 折纸

Let's do some paper folding. / Let's do origami.
我们来折纸。

It's important to follow the directions.
跟着说明来折是很重要的。

You need to fold it like the directions say.
你需要像指示说的来折。

Fold it in half. 把它对半折。

Fold it again. 再折一次。

Fold it diagonally. You've got a triangle, right?
斜斜地折过来。你得到了一个三角形，对吧？

Prepare some double-sided colored paper. 准备双面的彩纸。

I'm using two-sided colored paper.
我要用双面的彩纸。

Want to fold a frog? 想要折青蛙吗？

Let the corners meet exactly.
要准确地把角对好。

Fold a corner exactly to the middle point.
准确地把一个角对准中间的点折好。

Fold the other way. 反过来折。

The dotted lines mean to fold it.
虚线就是要折的意思。

The lines mean to cut it.
实线就是要剪掉的意思。

Fold it inside / outside. 往里/外折。
Unfold it. 摊开



49 黏土游戏

Let's play with clay. 我们来玩黏土吧。
Get out the colored clay. 拿出彩色黏土。

Rub it for a while so it will mix well.
搓揉一段时间，以便让它混合得更好。

Which shape do you want to make? /

What do you want to make?

你想做什么模样呢？

I am going to make a person. 我要做个人。

The legs keep coming off / bending.

脚一直掉下来/弯掉。

Press it firmly with your hands.

用双手紧紧按下去。

It's good to use a carving knife for this.

这时候雕刻刀是很好用的。

The clay lump is too big.

这一块黏土太大了。

Let's make it into a round shape.

我们来把它捏成圆形。

Put a lump between your palms and roll it.

放一块在手掌，然后揉搓它。

Try stretching it out. 试着把它捏开。

Let's spread it with a roller. 用滚筒把它压开。

Make the eyes, nose and mouth,
and attach them on the face.

做好眼睛、鼻子、嘴巴后，把它们贴在脸上。



50 积木游戏

Let's play with the blocks. 我们来玩积木吧。

Get the blocks out. 把积木拿出来吧。

Wow, all different shapes and colors! 哇，模样和颜色都不一样！

Mom, I need a blue piece. 妈，我需要一块蓝色的。

Get the blue blocks together. 把蓝色积木放在一起。

Can you get me a square piece?

你能给我一块正方形的吗？

What do you want to make with the blocks?

你想要用积木做什么？

Want to make a train?

想要做台火车吗？

This won't go in. These won't fit together.

这个放不进去。这些不合。

Try to match them well. They lock together.

试着对起来看看，让它们彼此吻合。

Put the blue block on top of the yellow one.

把蓝色积木放在黄色积木上面。

How many blocks can we stack?

我们可以叠几个积木？

Want to see who can stack them higher?

我们来看看谁叠得高吧？

You built a house! How nice!

你盖了一栋房子！好棒喔！

Let's place them in one long line.

把积木排成一条长线吧。



51 游乐场

I want to slide down the slide. 我想从那座溜滑梯溜下来

Let me hold you, Sweetie. 甜心, 让我抓住你.

I want to go to the playground. 我想去游乐场.

Mom, I want to play on the playground

妈妈, 我想去游乐场玩.

Okay! Then let's go out together.

好! 那我们一起去吧.

Today is too cold to go out.

今天出门太冷了.

Shouldn't you do your homework first?

你不是应该先做功课吗?

My friends are playing there.

我的朋友们在哪里玩.

Let's go down the slide. 我们去玩溜滑梯吧.

I want to slide down the slide. 我想去溜滑梯.

Can you hold me, Mom?

妈妈, 你能抓住我吗?

I can slide down by myself.

我可以自己玩溜滑梯.

You should not walk up the slide.

你不可以从溜的一面上去.

Don't climb up too high.

不要爬的太高.

Let's get on the seesaw.

我们去坐翘翘板吧.



52 玩沙

Let 's go and play in the sandbox.
我们去沙池玩沙吧。

Let 's roll up our sleeves first.
我们先把袖子卷起来吧。

Let 's take off our shoes in the sand.
在沙中,我们先把鞋子脱掉吧。

What do you want to do with the sand?
你想用沙子做什么呢?

I'll put some sand in a bucket with shovel.
我要用铲子把沙子装在水桶内。

Mom, draw a person in the sand.
妈妈,在沙子上画人。

Want to use a frame? Ta-da-It's a star.
你要用模型吗?哒哒,这是星星。

Let 's build a sandcastle.
我们来盖沙的城堡。

Wow, we made a nice castle.
哇,我们盖了很棒的城堡。

Want to put some sand on your hands!
想把沙子放在你手上吗?

The sand is softly slipping through the fingers.
沙子轻轻的从指缝中滑落。

How do you feel? Isn 't it tickling your toes?
你觉得如何?沙是不是让你的脚趾痒痒的?

Wow! Your feet are in the sand
哇!你的脚被沙子埋起来了



53 玩球

Let's play ball, Mommy. 妈咪,我们来玩球

Okay. I will throw the ball. 好,我来丢球

Catch the ball, Sweetie. 甜心,要接住球喔

Here it goes! / Here we go! 好,去了

Throw it hard to Mom. 用力丢给妈妈

Oops, I missed it. 哇,我没接到.

I happened to drop it. 我不小心掉了.

The ball's rolling. 球滚走了

Mommy will get the ball. 妈妈来接球

Go and get the ball. 去把球捡回来

Catch the ball with two hands. 用双手接球

Put the ball between your legs. 把球夹在两腿中间

Throw the ball up high. 把球丢高

Hit the ball with your hand: 用手打球试试看

Bounce the ball like this, 像这样拍球

Catch the ball from Daddy and throw it to

从爸爸那接到球后,丢给妈妈

Don't throw the ball. Roll it.

不要丢球了,来滚球吧

Wow! You can catch the ball very well.

哇!你真的很会接球耶



54 跳绳

Let's play jump rope. Let 's jump rope.

我们来跳绳!

Don't jump rope inside the house.

不可以在家中跳绳

Will you go outside and jump rope?

你要去外面跳绳吗?

TO try to jump ten times. 我要试着跳 10 次

Can you count how many jumps I can do?

你能帮我算我能跳多少下吗?

One, two, three, oops! You got caught on the rope.

一,二,三,喔!你被绳子绊住了.

It keeps getting caught on my foot.

跳绳一直被脚绊到

The line 's too long. I 'll adjust the length

绳子太长了.我来调整下长度

Yesterday you jumped 3 times, and today you did 5 times.

昨天你跳了三下,今天你跳了五下

You shouldn 't wear slippers when you 're jumping rope.

当你跳绳时,你不可以穿拖鞋

Let 's try jumping on one foot 我们试着用单脚跳

Jump to the beat. 跟着拍子跳跳看

Let 's jump rope to the rhythm. 我们跟着节奏跳跳看



55 骑脚踏车

Do you want to ride a bike?

你想要骑脚踏车吗？

Let 's learn how to ride a bike with two wheels.

我们来学习怎样骑两轮的脚踏车

Let 's take off the training wheels.

我们把辅助车轮拿掉

Can you hold the bike so that I won 't fall?

你可以抓住脚踏车,好让我不会绊倒吗？

Promise you won 't let go of it. 答应我你不会放手

Don 't let go of my bike, Mommy. 妈咪,不可以放开脚踏车

The bike keeps falling. 脚踏车一直倒掉

Don 't be nervous. 不用紧张

Grab the handlebars tightly. 抓紧把手

Make sure you put on your helmet 确定你戴上了安全帽

Turn the handle toward the left / right. 把把手 往左/右转

Step on the pedal hard. 用力踩脚踏板

Turn the pedal backward a little and then step forward

把脚踏板往后转一点点,再往前踩

Keep an eye on the road ahead. 要看着前面的路

Watch out for cars coming. 小心车子

Be careful going downhill. 下坡时要小心



56 玩吹泡泡

Will you play with the bubbles? 你要玩吹泡泡吗?

Lightly blow into the straw. 轻轻地吹吸管。

Be careful not to spill the soap water.

小心不要把肥皂水溅出来。

Don't breathe in. 不要吸进去。

Do not drink the soap water! 不可以喝肥皂水。

Look at the small bubbles. 看这些小小的泡泡。

Look! The bubble is the rainbow color.

看! 这泡泡有彩虹的颜色。

Wow, it's a huge bubble. 哇, 好大的泡泡。

Want you pop it with your fingers.

你要用手指让泡泡爆开吗?

Let me blow it for you. 我来帮你吹。

The two got stuck together. 有两个黏在一起了。

Make it go up by flapping your hands.

用手把它煽上去。

The bubbles flying off high. 泡泡飞的好高。

Mum, I want to blow it. 妈妈我要吹



57 见面时的打招呼

Hello, 你好!

Hello! 哈啰!

Good morning! / Good afternoon! / Good evening!

早安! / 午安! / 晚安!

How are you? 你好吗?

How's everything going? 一切顺利吗?

Nice to meet you, Jina. 吉娜, 很高兴认识你。

Long time no see! 好久不见!

Good to see you again. 很高兴再次见到你。

Are your parents fine? 你的父母好吗?

How are your parents? 你的父母近况如何?

Is your brother / sister well? 你的兄弟/姐妹好吗?

Nice to see you. 很高兴见到你。

How do you do? 你好吗?

I've heard a lot about you. 我听说了很多有关你的事情。

Fancy meeting you here. 很高兴在这里见到你。

What brings you here? 是什么风把你吹来的?

I didn't expect I would see you here.

我没想到会在这里遇到你。

Let's shake hands. 我们来握手吧。

It's been quite a while since we met.

从上次见面已经有一段时间了。

I missed you. 我很想你。

Why didn't you keep in touch?

为什么你没有保持联络?



58 感谢的表达

Thank you. 谢谢。

Thank you very much. 非常谢谢你。

I'm so grateful for that. 我真的很感谢那件事。

Thank you for the compliment. 谢谢你的称赞。

Thank you.I'll pay you back. 谢谢。我会回报你的。

It's fine. 没关系。

No problem./It was not a big deal. 这没什么。

You're welcome. 不客气。

Thank you for helping me. 谢谢你帮了我。

Mom,thank you for everything. 妈，谢谢你的一切。

Thank you for everyting you've done for me.

谢谢你为我做的一切。

I_m the one who should say thanks. 我才是要说谢谢的人。

I don't know how to thank you. 我不知道该怎么谢谢你。

Here's a little present. 这里有个小礼物。

I want to express my thanks. 我想表达我的感谢之情。

It's a thank-you note. 这是感谢信。

It's a great present. 这礼物太棒了。



59 道歉

I'm sorry, Mom. 妈，对不起。

I'm really sorry. 我真的很抱歉。

It's okay./No problem. 没关系。

Don't worry. 不用担心。

I'm sorry I'm late. 不好意思，我迟到了。

I 'm sorry. It was my fault. 对不起，是我的错。

Never mind. 不用在意。

Just forget it. 就忘记它吧。

Mom, forgive me please. 妈，请你原谅我。

I'm sorry for the trouble I've caused.

我很抱歉造成这样的麻烦。

That's not a problem. 那不是个问题。

I didn't mean to do that. 我不是故意的。

It was a mistake. 这是个失误。

I'll forgive you. 我会原谅你的。

I 'll pay for it. 我会赔的。

Say sorry to your sister. 跟你妹妹说对不起。

Apologizing isn't something to be shy of.

道歉不是丢脸的行为。

Just saying sorry isn't enough.

只是说道歉是不够的。



60 自我介绍

Let me introduce myself. 我来自我介绍。

My name is Jina. 我的名字是吉娜。

Nice to meet you.I'm Minsu Lee.

很高兴认识你。我是李民肃。

Glad to meet you.I'm Matthew.

很高兴认识你。我是 Matthew.

What school do you go to?

Where do you go to school?

你在哪所学校上学?

I go to Taipei Elementary School. 我在台北国小读书。

What grade are you in? 你几年级了?

I'm in first grade./I'm a first grader. 我是一年级。

How old are you? 你几岁了?

I'm 8 years old. 我八岁了。

What's your hobby? 你的兴趣是什么?

I like playing the piano. 我喜欢弹钢琴。

Where were you born? 你在哪里出生?

I was born in Kaohsiung. 我在高雄出生。

Where are you from?/What country are you from?

你从哪个国家来?

I 'm from China. 我来自中国



61 阴天

It's cloudy. 天好阴。

A lot of clouds are in the sky today. 今天的天空有好多云。

It's a very cloudy day. 是个阴天。

It's really foggy. 雾真的很多。

There are a lot of dark clouds. 有好多乌云。

It's dark and cloudy. 天气阴沉沉的。

The sky is covered with clouds. 天空被云覆盖了。

It's going to rain soon. 快要下雨了。

It's likely to rain soon. 好像快要下雨了。

It's so foggy that I can barely see anything.

雾太浓了，我几乎看不见任何东西。

The weather's creepy.

天气阴森森的。

It's partly cloudy and partly sunny.

部分阴天，部分晴天。

It's too dark even during the day.

即使是白天，还是太暗了。

It's been sunny, but it is turning cloudy now.

之前是晴天，但现在转阴了。

Cloudy days seem to last longer.

阴天似乎会持续更久。

No more cloudy days! / I wish we had no more

cloudy days.

不要再阴天了！



62 冷天

It's so cold today. 今天好冷。

The weather's gotten cold. 天气变冷了。

It's pretty cold./It's freezing. 相当冷。

The temperature fell a lot today. 今天气温降了很多。

It's awful weather. 好可怕的天气。

There's a storm coming. 暴风雨要来了。

I thought I was going to freeze to death.

我还以为我要冻死了。

I'm freezing to death. 我要冻死了。

It really feels like winter today. 今天真的很像冬天。

I was chilled to the bone outside.

我在外面时，都冷到骨头内了。

It's really windy. 风好大。

It's hard to walk through the wind.

风大到连走路都很难。

My hat's going to fly off.

我的帽子要飞掉了。

My hands are freezing.

我的手被冻着了。

It's chilly today. Wear a lot of clothes.

今天冷飕飕的，穿多一点衣服。



63 冷天

It's hot today. 今天好热。

It's really hot. 真的很热。

It's extremely hot. 热极了。

It's hot and humid. 又热又闷。

It really feels like summer today. 今天真的很像夏天。

There isn't any wind blowing today. 今天一点风都没有。

It's been hot for the past few days. 过去几天都很热。

I'm sweating like crazy. 我的汗像发疯似的一直流。

My back keeps sweating. 我的背一直流汗。

My rash is itchy. 我的疹子很痒。

Can you turn on the air conditioner/fan?

你可以开一下冷气/电风扇吗？

You're sweating. You'd better shower.

你在流汗，你最好冲个澡。

It will be better if you shower.

如果你去冲个澡，会比较好。

Sit in the shade for a little while.

在阴影下坐一下。

I wish it would rain.

我希望能下雨就好了。



64 沙尘暴

The yellow dust season has come. 沙尘暴的季节要来了。

There's a yellow dust warning. 已经发出沙尘暴的警报了。

The worst yellow dust storm hit the country.

最强的沙尘暴袭击全国。

Look at the yellow dust. 看看这些黄沙。

It's very dusty outside. 外面都是灰尘。

We get sandy yellow dust in the spring. 我们在春天有沙尘暴。

What is the yellow dust? 什么是沙尘暴。

It's dust winds blowing. 沙尘随风吹来。

Dust and sand from China fly over here.

灰尘和沙子从中国飞来这里。

The car is yellow now. 现在车子变成黄色的了。

Did you get your mask? 你带了口罩吗？

Wear your mask today. 今天要戴上口罩。

Don't rub your eyes. 不可以揉眼睛。

We need to close the windows

because of the yellow dust.

因为沙尘暴，我们必须把窗户关起来。

Just stay inside today. 今天就待在室内吧。

Don't go outside since the yellow dust is blowing hard.

因为沙尘暴很严重，不要去外面。



65 表示疼痛

I am sick, Mom. 妈，我生病了。

I don't feel well. / I'm not feeling well.

我觉得不舒服。

I want to lie down all day. 我一整天都想躺着。

I don't want to eat. 我不想吃。

I've lost my appetite. 我没有胃口。

Are you sick? 你生病了吗？

Where do you feel bad?

你哪里不舒服？

I can't stand the pain.

我痛到受不了了。

I feel dizzy.

我觉得头晕。

I feel like throwing up.

我觉得要吐了。

It hurts whenever I move.

我一动就会痛。

It feels like something's poking me.

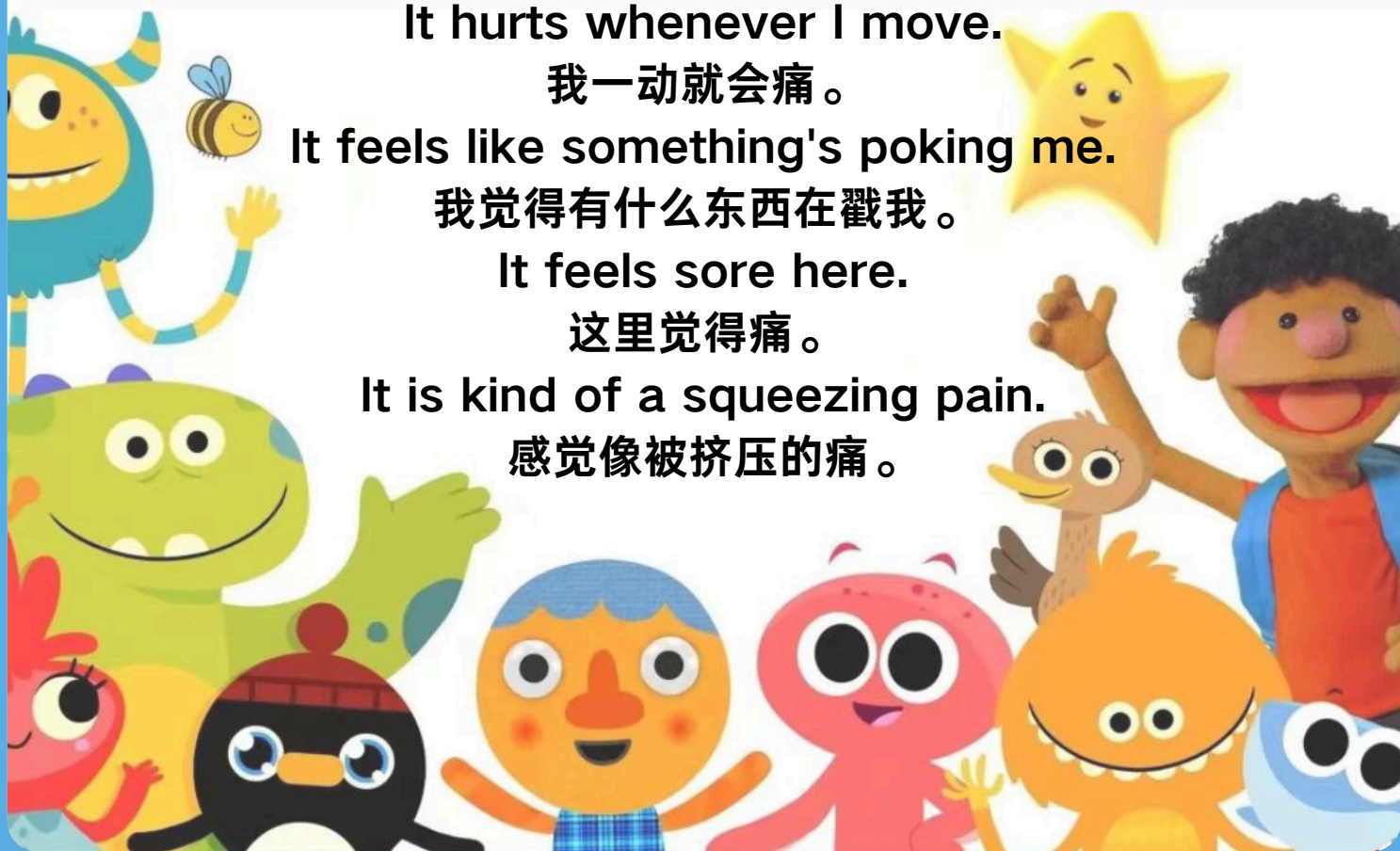
我觉得有什么东西在戳我。

It feels sore here.

这里觉得痛。

It is kind of a squeezing pain.

感觉像被挤压的痛。



66 累的时候

I'm tired.

我累了。

I feel weak.

我觉得虚弱。

I keep getting tired.

我越来越累了。

I don't want to do anything.

我不想做任何事。

I can't even wash myself.

我甚至没办法洗澡。

I can't even move a finger.

我连手指头都动不了。

My eyes are getting drowsy.

我的眼皮都要盖下来了。

There are dark circles under your eyes. / You have dark circles under your eyes.

你有黑眼圈。

Why do you look so down?

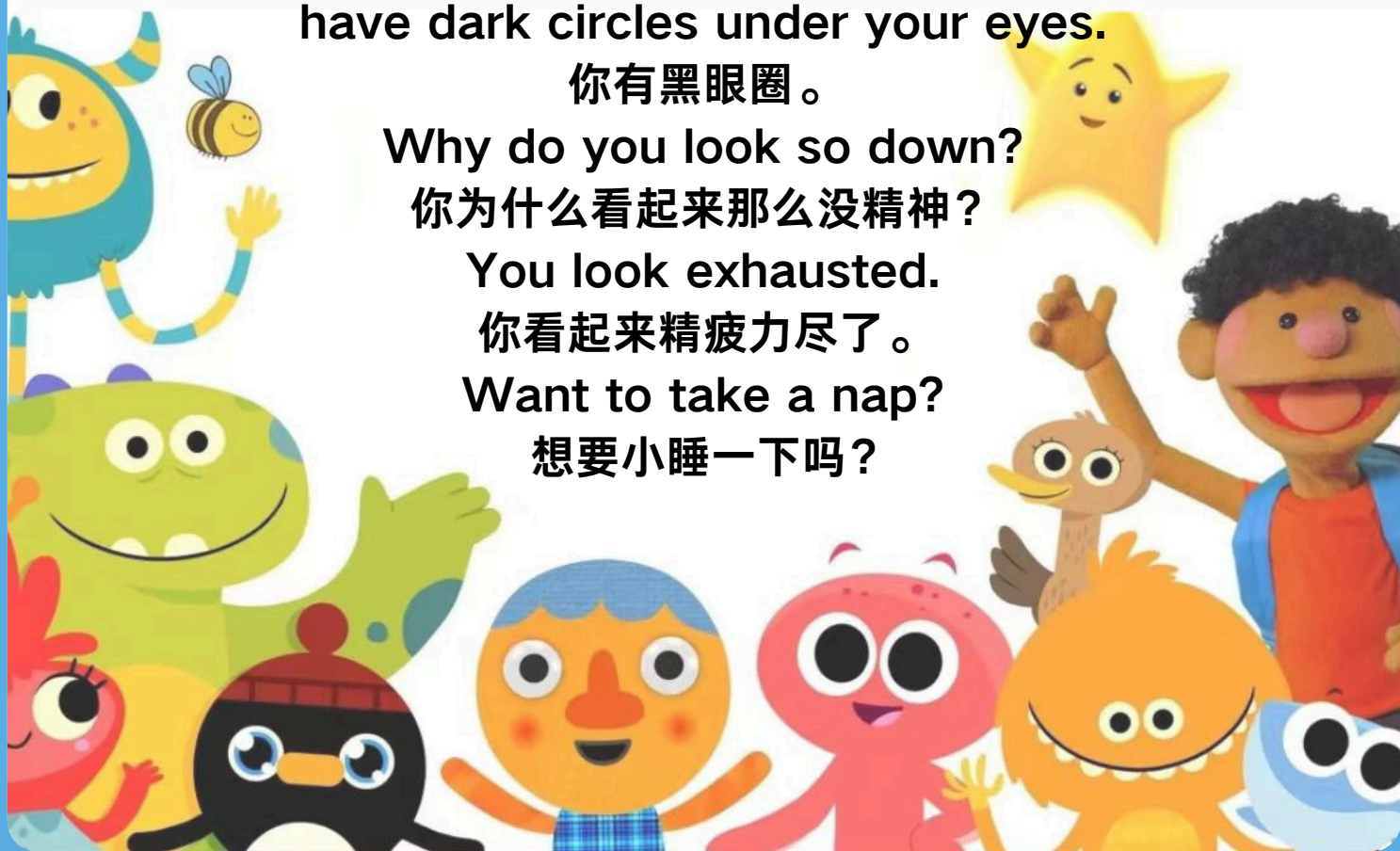
你为什么看起来那么没精神？

You look exhausted.

你看起来精疲力尽了。

Want to take a nap?

想要小睡一下吗？



67 摔倒/撞到的时候

Mom, I fell down. 妈，我摔倒了。

I slipped on the floor. 我在地板上滑倒了。

I fell down while running. 我在跑的时候摔倒了。

I tripped over a rock. 我被石头绊倒了。

I lost my balance and fell.

我失去重心后摔倒了。

Are you okay? Did you get hurt?

你还好吗？有受伤吗？

You got a hole in your pants.

你的裤子破了个洞。

Your knee is bleeding.

你的膝盖流血了。

You bruised your knees.

你膝盖淤青了。

Your palm got bruised.

你的手掌淤青了。

Get up quickly.

快点站起来。

Get it off. / Shake the dust off.

把灰尘拍掉。

The streets are very bumpy.

道路坑坑巴巴的。

Let's watch the ground carefully.

我们要小心注意地面。



68 割到/流血的时候

I'm bleeding. 我流血了。

I got a cut. 我被割到了。

I cut myself with a knife. 我被刀子割到自已了。

I got a paper cut. 我被纸张割到了。

I got poked by a needle. 我被针扎到了。

I got cut by a piece of glass. 我被一片玻璃割伤了。

I'm scared because I'm bleeding. 因为流血了，我很害怕。

It's fine. It's going to stop soon. 没关系，很快就会止血的。

We need to clean the wound. 我们必须清洁伤口。

How did you get cut? 你怎么被割到的？

I told you to watch out for sharp things.

我告诉过你要小心尖锐的东西。

Ouch! The sterilizer hurt. 哎呦！消毒药好痛。

Let me put the ointment on. 我来帮你涂药膏。

Let's cover the wound with a band-aid.

我们把 OK 绷贴在伤口上。

Keep the bandage on the wound for a while.

请绷带包住伤口一段时间。

This helps prevent germs from getting inside.

他可以帮助防止病菌跑到里面去。

A scab will form to protect the wound.

为了保护伤口，这里将会长出结痂。



69 流鼻血的时候

My nose is bleeding, Mom.

妈，我流鼻血了。

Tilt your head down.

把头往前倾。

Let's put a tissue on your nose first.

我们先用面纸盖住你的鼻子。

Let's put a cotton ball up your bloody nose.

我们用棉花球堵住你流血的鼻子。

Don't swallow the blood.

不要把血吞下。

Breathe with your mouth.

用你的嘴巴呼吸。

I have blood on my shirt.

我的衬衫也沾到血了。

It's okay. Don't worry about anything.

没关系，不用担心其他事情。



70 感冒的时候

Mom, I caught a cold.

妈，我感冒了。

I feel cold and shaky, Mom./Mom, I feel cold and am shivering.

妈，我觉得冷到发抖。

I have a sore throat.

我的喉咙很痛。

I have a runny nose.

我流鼻水了。

I have a stuffy nose.

我鼻塞了。

My throat hurts when I swallow.

我吞东西时，我的喉咙很痛。

I don't want to eat because my throat hurts.

我喉咙很痛，我不想吃东西。

I have a bad cough./I am coughing a lot.

我一直咳嗽。

I have some phlegm in my throat.

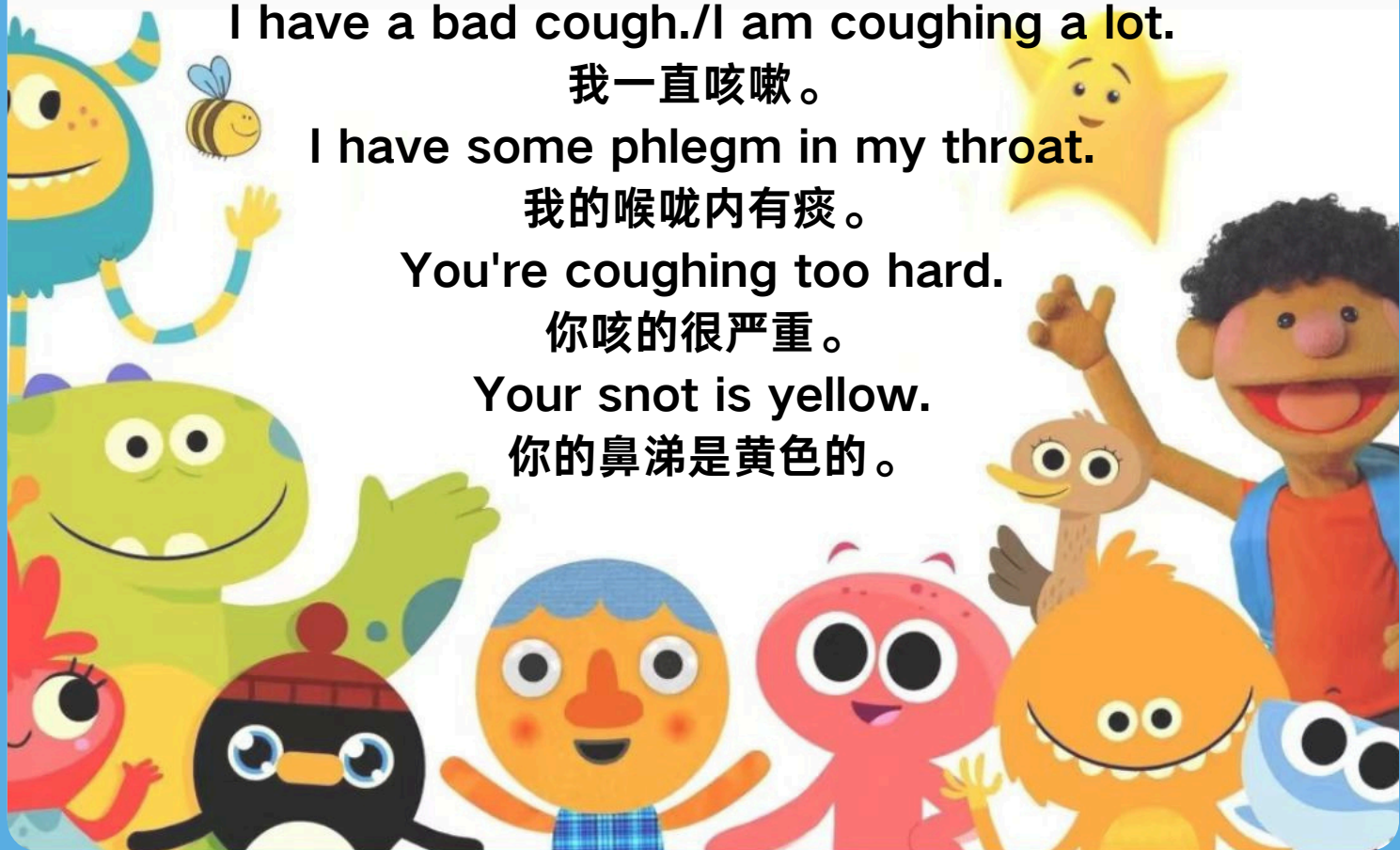
我的喉咙内有痰。

You're coughing too hard.

你咳的很严重。

Your snot is yellow.

你的鼻涕是黄色的。



71 发烧的时候

Mom, I feel very hot. 妈，我觉得很热。

I have a fever, so my body feels really hot.

我发烧了，所以我的身体真的很烫。

I feel dizzy. 我感觉头很晕。

Let me see if you have a fever. 让我看看你是否发烧了。

Let's check your temperature. 我们来量一下体温。

Let me feel your forehead. 我来摸一下你的额头。

You have a fever. 你发烧了。

You have a high fever. 你发高烧了。

Your forehead's really hot.

你的额头真的很烫。

Let's take a fever reducer.

来吃点退烧药吧。

You need to drink a lot of water.

你需要多喝水。

You need to take off your clothes.

你需要把衣服脱掉。

I'll cool you down with a wet towel.

我用湿毛巾来帮你降温。

Hold this ice pack.

抱住这个冰袋。

I guess your body's fighting the germs right now.

我想你的身体正在跟细菌战斗。



72 头/肚子痛的时候

I have a headache, Mom. 妈，我头很疼。

I have a terrible headache. 我很严重的头痛。

Let me see. Can I touch your forehead?

我看看，我可以摸一下你的额头吗？

Do you feel a lot of pain?/Are you sick very 你很痛吗？

I'll give you some medicine. Let's see. 我拿药给你。试试看。

I have a stomachache, Mom. 妈，我肚子痛。

I think I'm going to throw up. 我想我要吐了。

I have diarrhea. 我拉肚子了。

My poop's coming out like water. 我的便便像水一样流出来。

It looks like you got stomach upset. 看起来你闹肚子了。

I'll give you some digestive syrup. 我给你些助消化的糖浆。

What did you eat before? 你之前吃了什么？

Looks like you ate too many cold things.

你好像吃太多冰的东西了。

Do you need to poop?

你需要去大便吗？

You should lie down and rest.

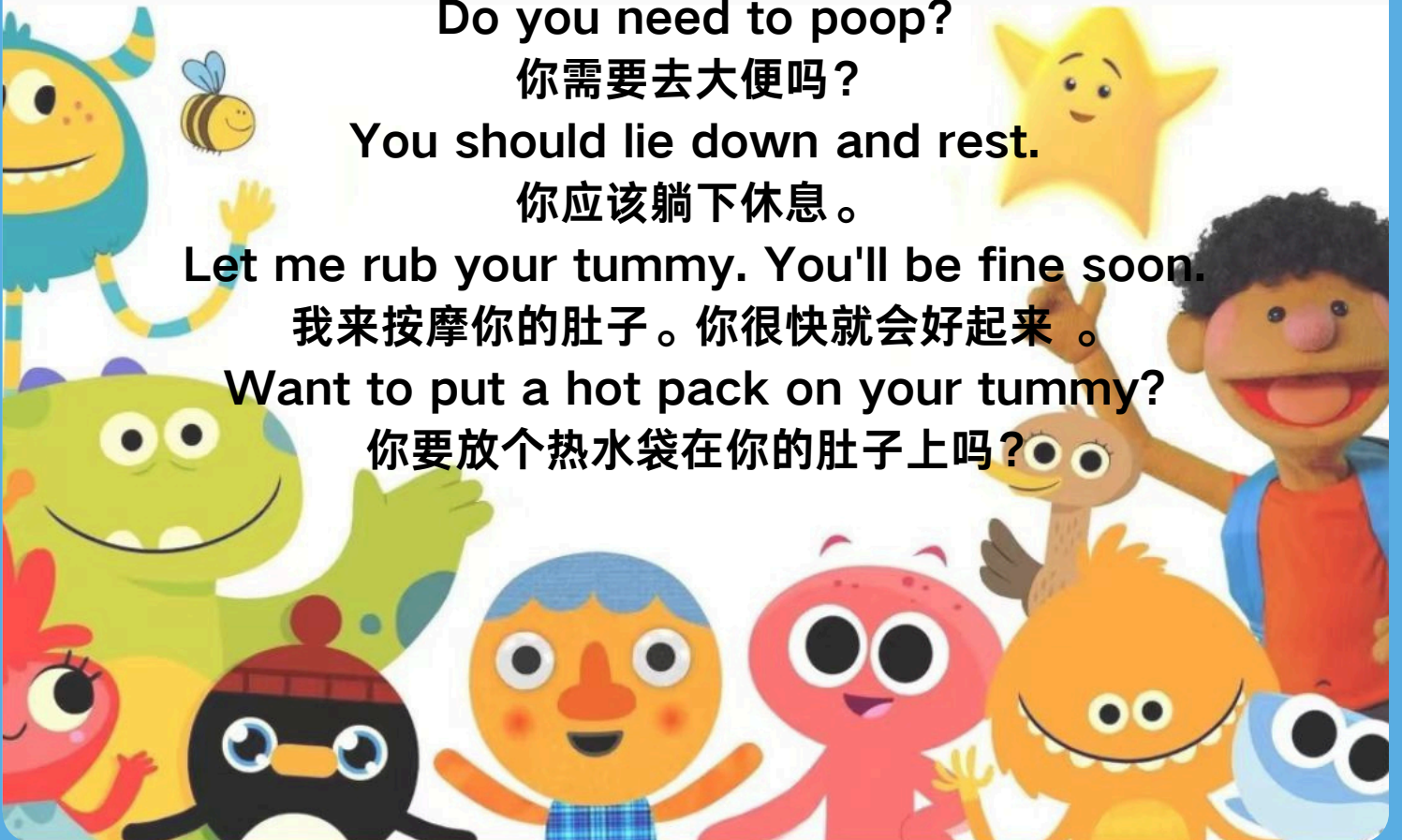
你应该躺下休息。

Let me rub your tummy. You'll be fine soon.

我来按摩你的肚子。你很快就会好起来。

Want to put a hot pack on your tummy?

你要放个热水袋在你的肚子上吗？



73 牙齿晃动/疼痛的时候

I've got a loose tooth, Mom. 妈，我有一颗牙齿在摇了。

My inner tooth hurts. 我的臼齿很痛。

I can't chew it because my tooth hurts.

我的牙齿痛到不能咀嚼了。

Open your mouth. Say "Ah~." 张开你的嘴巴，说“啊~”。

Which tooth hurts? 哪一颗牙齿痛？

It looks like your tooth's going to fall off.

看起来你的牙齿要掉了。

You need to see the dentist. 你需要去看牙医。

Let's go to see dentist tomorrow to take the tooth out.

我们明天去看牙医，把这颗牙拔掉。

Mommy will pull it out with a thread. 妈妈用线来把它拔掉。

Place your tooth underneath your pillow.

把牙齿放在枕头下吧。

The tooth fairy will come while you sleep and take your tooth.

你睡觉的时候，牙仙会来把它拿走。

She will leave you a present/money in return.

她会放礼物/钱来作为回报。

What present will the tooth fairy give me?

牙仙会给我什么礼物呢？

I don't know for sure. Go to sleep early

so that the tooth fairy can come.

我不确定，快点去睡吧。这样牙仙才能来。

It looks like you have got a cavity.

看起来你有蛀洞了。

It looks like you ate too much sweet stuff.

看起来你吃太多甜的东西了。



74 被虫咬/发痒的时候

I've got a loose tooth, Mom. 妈，我有一颗牙齿在摇了。

My inner tooth hurts. 我的臼齿很痛。

I can't chew it because my tooth hurts.

我的牙齿痛到不能咀嚼了。

Open your mouth. Say "Ah~." 张开你的嘴巴，说“啊~”。

Which tooth hurts? 哪一颗牙齿痛？

It looks like your tooth's going to fall off.

看起来你的牙齿要掉了。

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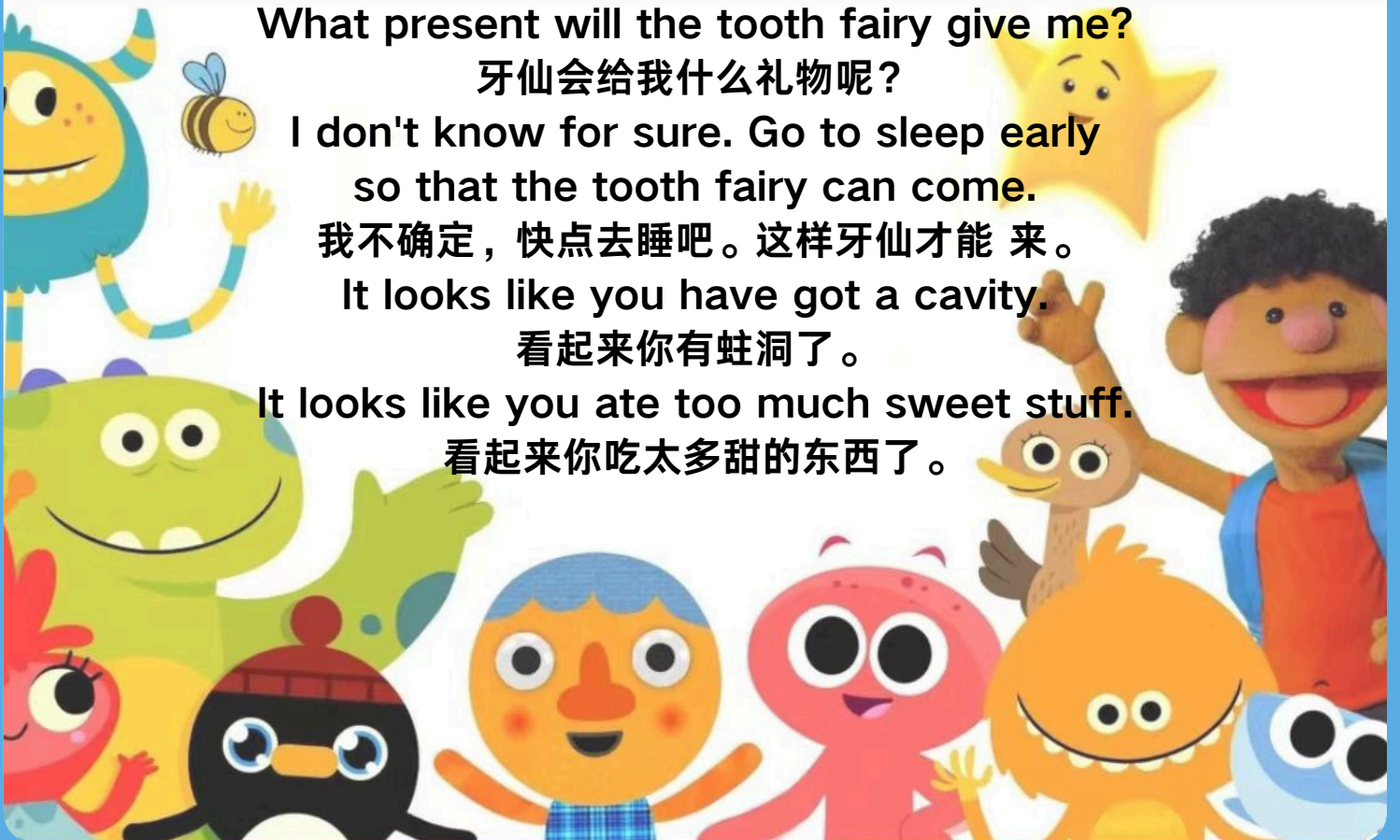
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It looks like you have got a cavity.

看起来你有蛀洞了。

It looks like you ate too much sweet stuff.

看起来你吃太多甜的东西了。



75 去医院

Let's go to the hospital./Let's go to see a doctor. 我们去医院。

Do I have to get a shot?

我一定要打针吗？

No, you'll just check with the doctor.

不，你只是要让医生检查一下。

It is just a regular checkup.

这只是定期的体检。

Say hello to the doctor.

跟医生打招呼。

Take a deep breath.

深呼吸。

He's going to look at your ears and nose.

他要看你的耳朵和鼻子。

Let's measure your height and weight.

我们来量身高和体重吧。

You are 135cm tall and weigh 25kg.

你有 135 公分，25 公斤。

You need to get a flu shot.

你需要打流感预防针。

It will sting a little. Don't be scared.

会有一点刺痛，不用害怕。

Wow, you're doing well by not crying.

哇，你没哭，表现的很好。

Let's get the prescription and go.

我们拿处方笺就可以走了。

It's all over now. / Everything's done now.

现在都结束了。

Let's go to the pharmacy.

我们去领药处吧。



76 吃药

Let's take some medicine. 来吃药了。

I don't want to take any medicine. 我不想吃药。

Then you won't get better. 那么，你会好起来。

Can you take it? 你能吃吗？

Take it 30 minutes after meal. 饭后 30 分钟后，吃掉它。

You need to take it twice a day. 你一天必须吃两次。

These are antibiotics, so you need to take them.

这些是抗生素，你一定要吃。

This is for your cough, and this is for your runny nose.

这是治咳嗽的，这是治鼻涕的。

You'll get better after taking this medicine.

你吃了这些药后就会好起来。

Good job taking your medicine. 真厉害，你把药吃了。

Drink all of it. 把它都喝掉。

You need to take it again if you spit it out.

如果你吐掉的话，你必须再吃一次。

Here's some water and candy. 这里有水和糖果。

Put the candy in your mouth right after taking this.

吃完这个之后，把糖果放进嘴巴里。

I want to take the medicine again.

我还想再吃药。

No way! You should take your medicine like you are told.

不行！你必须根据指示来吃药。

It's very bitter. 好苦。

I feel sleepy since I took the medicine.

吃了药之后，我觉得很困。



77 尿尿

I want to pee, Mom.

妈~我想尿尿

OK, I'll be right out!

好，我马上出来。

Do you want to pee?

你要尿尿吗？

Do you want to go to the bathroom?

I don't need to go.

我不用。

I need to pee.

我要尿尿。

Right now?

现在？

I can't hold it. I need to pee really bad.

我忍不住了。我要尿出来了。

Hold it! Hold it!

忍一下！忍住！

Pee after holding the toilet seat up.

把马桶盖掀起来后，再尿。

Use toilet paper after you pee.

尿完之后，用卫生纸擦干净。

Hold your skirt up and pee

把裙子拉起来尿。

Make sure the pee doesn't get on the seat.

确定尿尿不要溅到马桶盖上。

Try to pee in the center of the toilet.

尽可能尿到马桶中间。

Did you flush?

你冲水了吗？



78 大便

I have to poop, Mom. 妈，我要大便。

My tummy aches. I have to poop. 我肚子痛。我要去大便。

Close the door. It smells. 关上门，便便很臭。

Call Mommy when you are done. 你都上完之，后告诉妈咪。

My poop looks like a sweet potato. 我的便便看起来像番薯。

My baby's poop is like goat poop. 我孩子的大便好像山羊大便。

Did you clean your bottom well? 你好好地擦了屁股吗

Flush when you're done. 你都上完之后，要冲水。

Wash your hands. 要洗手。

Will you wipe it, Mom? 妈，你能帮我擦吗？

I pooped a lot, Mom. 妈，我大了好多。

Eek! It stinks! 啊！好臭！

Let's stop talking about pooping. 我们不要再谈大便了。

What happens if I don't poop?

如果我不大便的话，会怎样？

Is it unhealthy if you don't poop every day?

如果没有每天大便的话，会不健康吗？

Then the poop sits here below your belly button.

那么，大便就会留在肚脐下面。

I pooped this morning. Why is it coming out
我今天早上大便了。为什么又出来了。

It looks like the food got digested well.

看起来好像食物被消化的很好。



79 便秘

I can't poop, Mom.

妈，我大不出来。

Try to push.

用力点。

My stomach hurts, but I can't poop.

我肚子很痛，但是我大不出来。

You should drink a lot of water.

你应该喝很多水。

The reason is that you haven't eaten any vegetables.

因为你不吃蔬菜才会这样。

I think you're constipated.

我想你便秘了。

Come out of the bathroom and try it later.

先从厕所出来，等一下再试试。

Try again later.

等一下再试。

Want me to rub your tummy?

要我帮你搓一下肚子吗？

I'll give you some medicine if it's really bad.

如果很严重的话，我会给你一些药。

I'll poop later.

我等一下上。

Don't take your book into the bathroom.

不要把书带进厕所。

That's not a good bathroom habit.

那不是个好的厕所习惯



80 放屁

mell? 喔！这是什么味道？

You farted, dude! 你放屁了，这家伙！

I just farted, and it stinks really bad. 我刚刚放屁了，真的好臭。

I can't even breathe. 我都不能呼吸了。

Dad's fart smells like poo. 爸比的屁闻起来好像大便。

You're such a farty pants, Dad. 爸，你是放屁精。

Who farted ?/Who cut the cheese? 谁放屁了？

It wasn't me. Was it you? 不是我，是你吗？

It wasn't me. Why do you keep looking at me?

不是我。为什么一直看我？

Wow, you've got a loud sound. 哇，你放的好大声。

I can't stop farting, Mom. 妈，我无法停止放屁。

It's terrible. How come you farted in my face?

这太糟了。你怎么可以在我脸上放屁？

You're going to make a hole in the ground.

你要在地板上弄个洞了。

Stop making fun of me. The smell's gone now.

不要再取笑我了。已经没有臭味了。

We need to open the window.

我们需要打开窗户。

I need to get rid of the smell.

我需要让臭味消失。

Quiet farts smell worse than loud ones.

臭屁不响。

Ta-da! Dad's going to fart! Hold your nose!

哒哒！爸比要放屁了！捂住鼻子！



81 放屁

mell? 喔！这是什么味道？

You farted, dude! 你放屁了，这家伙！

I just farted, and it stinks really bad. 我刚刚放屁了，真的好臭。

I can't even breathe. 我都不能呼吸了。

Dad's fart smells like poo. 爸比的屁闻起来好像大便。

You're such a farty pants, Dad. 爸，你是放屁精。

Who farted ?/Who cut the cheese? 谁放屁了？

It wasn't me. Was it you? 不是我，是你吗？

It wasn't me. Why do you keep looking at me?

不是我。为什么一直看我？

Wow, you've got a loud sound. 哇，你放的好大声。

I can't stop farting, Mom. 妈，我无法停止放屁。

It's terrible. How come you farted in my face?

这太糟了。你怎么可以在我脸上放屁？

You're going to make a hole in the ground.

你要在地板上弄个洞了。

Stop making fun of me. The smell's gone now.

不要再取笑我了。已经没有臭味了。

We need to open the window.

我们需要打开窗户。

I need to get rid of the smell.

我需要让臭味消失。

Quiet farts smell worse than loud ones.

臭屁不响。

Ta-da! Dad's going to fart! Hold your nose!

哒哒！爸比要放屁了！捂住鼻子！



82 鼻屎

Look at my booger, Minji.

敏基，看我的鼻屎。

Oh my! It's gross!

天呀！好恶！

Get it off!

清掉它！

You booger digger!

你是挖鼻屎大王！

Stop picking your nose.

不要再挖鼻子了。

Don't eat your boogers.

不要吃鼻屎。

What should I do with this booger?

我应该如何处理这个鼻屎？

Clean it off with a tissue.

用面巾纸擦掉。

Why are you giving that to Mommy?

你为什么把那个给妈妈？

The booger would not come out, Mom.

妈，鼻屎挖不出来。

Don't pick your nose in front of people.

不要在他人面前挖鼻孔。

If you pick too much, your nose can bleed.

如果你一直挖，你会流鼻血。

Who put this booger here?

是谁把鼻屎沾在这里的？



83 打嗝

I have the hiccups, Mom!

妈，我打嗝了！

How can I stop hiccups?

我要怎样才能停止打嗝？

Swallow your spit.

把口水吞下去。

Hold your breath and count to three.

屏住呼吸，并数到三。

Will you drink some warm water?

你要喝点温水吗？

Scare me. It might cure the hiccups.

让我吓一跳。或许可以把打嗝治好。

Peek-a-boo! Are you okay now?

呀！你现在好一点了吗？

Yeah, I seem fine now.

嗯，我现在好一点了。

No, I still have them.

不，我还是持续打嗝。



84 打喷嚏

I'm sneezing, Mom.

妈，我打喷嚏了。

My nose is ticklish.

我的鼻子很痒。

It's probably because of the pollen.

这也许是因为花粉的关系。

Cover your mouth with your hand.

用手捂住你的嘴。

Bless you!

愿上帝保佑你不会感冒

Thank you!

谢谢！

Don't sneeze on other people.

不可以对着人打喷嚏



85 打喷嚏

I'm sneezing, Mom.

妈，我打喷嚏了。

My nose is ticklish.

我的鼻子很痒。

It's probably because of the pollen.

这也许是因为花粉的关系。

Cover your mouth with your hand.

用手捂住你的嘴。

Bless you!

愿上帝保佑你不会感冒

Thank you!

谢谢！

Don't sneeze on other people.

不可以对着人打喷嚏



86 呵欠

I'm yawning, Mom.

妈，我在打呵欠。

Are you tired? Want me to open the windows?

你累了吗？要我打开窗户吗？

Your yawn made others yawn, too.

你的呵欠让其他人也跟着打起来了。

I feel like yawning after you yawned.

你打呵欠后，我也好像要打呵欠了。

Yawning is contagious.

打呵欠是会传染的。

Please try not to yawn during class.

请试着不要在课堂上打呵欠。

Watch out! There 's spit going everywhere.

小心！口水喷得到处都是。

Achoo! Excuse me.

哈啾！抱歉！



87 打饱嗝

I burped, Mom. Hehe
妈，我打饱嗝了。嘿嘿。

That's impolite.

那很没礼貌。

It's not polite to burp at the table.

在餐桌上打饱嗝是没礼貌的。

Don't burp like that. It's embarrassing.

不要像那样打饱嗝。很丢脸的。

Burping is fun.

打饱嗝很有趣。



88 剪手指甲、脚趾甲

Oh my! Why are your fingernails this long?

天呀！你的手指甲怎么这么长呢？

They're too long. You should trim your nails.

太长了。你应该修剪一下指甲。

Will you cut them? 你能帮我剪吗？

Get the nail clippers. 把指甲剪拿来。

Don't move. You can get hurt.

不要动。你会受伤的。

You can scratch someone with this.

你会用这个抓伤别人的。

There's dirt under your fingernails.

在指甲下面有脏脏的东西。

Don't bite your fingernails. 不要咬指甲。

It's hard to grab a pencil if your
fingernails are long.

如果你的指甲很长，会很难握住铅笔哟。

Ask me to cut your fingernails if they are long.

如果你的指甲很长，要叫我帮你剪。

Now give me the other hand.

现在把另一只手给我。

Let's cut your toenails, too.

我们也来剪你的脚趾甲吧？

You can get a hole in your socks if your toenails are long.

如果你的脚指甲很长，你的袜子会被戳个洞。

Can I cut them by myself?

我可以自己剪吗？

It hurts because you cut them too short.

因为你剪的太短了，我很痛



89 接电话

Daddy's calling you, Mom!

妈，爹地打电话给你。

Will you answer it for me?

你可以帮我接吗？

Hello! This is Jina's residence.

喂！这是吉姆的家。

Who's calling, please?

请问哪里找？

Who are you calling, please?

您要找哪位？

Sorry. You've got the wrong number.

不好意思。你打错电话了。

It's for you, Mom.

妈，这是要找你的。

Ask who's calling.

问问看是谁打来的。

Hold on, please.

请等一下。

Okay. I'll get her.

好，我请她来接。

Mom said she'll call you back.

妈妈说等一下回电话给你。

Will you leave your number?

你可以留下你的电话吗？

The bell's ringing.

电话在响了



90 接电话

Daddy's calling you, Mom!

妈，爹地打电话给你。

Will you answer it for me?

你可以帮我接吗？

Hello! This is Jina's residence.

喂！这是吉姆的家。

Who's calling, please?

请问哪里找？

Who are you calling, please?

您要找哪位？

Sorry. You've got the wrong number.

不好意思。你打错电话了。

It's for you, Mom.

妈，这是要找你的。

Ask who's calling.

问问看是谁打来的。

Hold on, please.

请等一下。

Okay. I'll get her.

好，我请她来接。

Mom said she'll call you back.

妈妈说等一下回电话给你。

Will you leave your number?

你可以留下你的电话吗？

The bell's ringing.

电话在响了



91 打电话

Want to call Dad?

要打电话给爸爸吗？

I can call myself.

我自己可以打。

You need to dial carefully.

你要看好号码打。

Can you remember Dad's number?

你记得爸爸的电话号码吗？

The phone got cut off.

电话被切断了。

The line is busy.

电话中。

No one's picking up the phone.

没有人接电话。

Let's call later.

晚点再打。

Hello. Is Minsu there?

喂。民肃在那吗？

This is Jinhong, Minsu's friend. Can I talk to Minsu?

这里是金宏，是民肃的朋友。我可以跟民肃通电话吗？

Will you put Minsu on the phone.

你可以叫民肃听电话吗？

Can I leave a message for him?

我可以留言给他吗？

I think I called the wrong number. I'm sorry.

我好像打错电话了。对不起



92 洗菜

Let's make cake for the dinner. 我们晚餐来做蛋糕吧。

Let me mix the dough. 让我来混合面团吧。

Let's wash the cucumbers. 我们来洗小黄瓜吧。

You need to clean the vegetables well.

你要好好把蔬菜洗干净。

Clean the lettuce leaves one by one.

莴苣的菜叶要一片一片洗。

There can be pesticides on it.

这些可能会有农药留在上面。

Want to use some detergent? 要用一些洗涤剂吗？

There shouldn't be any detergent on it.

不可以有洗涤剂留在上面。

Wash it several times. 要多洗几次。

It's better to clean it in flowing water.

用流动的水来洗会比较好。

Soak them in water and clean them later.

先泡在水中，之后再洗。

Scrub it gently. 轻轻地搓洗。

The nutrients will get washed away if you scrub it too hard.

如果你太用力搓洗，营养成分会被洗掉的。

Vegetables stay fresh when you wash them with cold water.

蔬菜用冷水洗的话，会保持新鲜。

Let's rinse these cooked vegetables with cold water.

我们把这些煮过的蔬菜用冷水冲一冲吧。

You need to wash vegetables before you cut them.

你要切蔬菜之前，要先洗一洗



93 剪/切

I need to dice this. 我要把这切成小方块。

Let's chop the meat. 我们把肉切片吧。

Let me slice the ham for you. 我帮你把火腿切成薄片。

Let's shred this carrot. 我们把胡萝卜切成丝。

Let's cut it into cubes 1cm long.

我们把它切成长度 1 公分的小方块。

Let's cut it a little smaller / bigger. 我们要切得更小/大一些。

Let's mince the garlic. 我们把大蒜切碎。

Let's peel the potatoes. 我们来削马铃薯。

Let's cut it into the right size. 我们把它切成适当的大小。

So it will go into your mouth easily. 这样就很容易吃进嘴巴里。

You'd better cut it with scissors. 你最好用剪刀剪它。

Be careful with the knife, Mom. 妈，小心用刀。

Watch out! You might hurt your hand.

小心！你可能会伤到你的手。

Can I cut it, Mom? 妈，我能切它吗？

Want to cut the bread with a bread knife?

你要用面包刀切面包吗？

It won't cook well if you cut it too thick.

如果你切太厚的话，会煮不熟。

Cut it by pressing with a fork. 把叉子压下去然后将它切断。

Cut it into equal pieces. 把它切成相同大小。

The knife gets dull and has to be sharpened.

这刀子变钝了，要磨利才行。



94 过年

January 1 is New Year's Day on the solar calendar..

1 月 1 日是阳历的新年。

We have another New Year's Day on the lunar calendar.

我们还有一个农历的新年。

The lunar January 1 is also the Chinese New

农历的新年又是华人的新年。

We worship our ancestors. That is an important tradition.

我们祭拜祖先，这是很重要的习俗。

We eat a family reunion dinner on New Year's Day.

我们在过年时吃团圆饭。

You get one year older when you eat the family reunion dinner.

当你吃了团圆饭，你就长了一岁。

New Year's Day is an important Taiwanese holiday along with the

Moon Festival.

过年跟中秋节都是台湾很重要的节日。

We'll be visiting Grandpa's place in Tainan on Chinese New Year.

过年时，我们要去位于台南的爷爷家。

Let's go to Grandma's place with our new clothes on to give a big bow to her.

我们穿上新衣服去奶奶家给她拜年吧！

You look prettier with your new clothes on!

穿上新衣服后，你看起来更美了！

Time to give a big bow to the adults!

该给大人们拜年了。

Have a happy new year!

新年快乐！



95 中秋节

Is it already Mid-Autumn Festival next week?

下周就是中秋节了吗？

Mid-Autumn Festival is on August 15 on the lunar calendar.

中秋节是农历的 8 月 15 日。

Mid-Autumn Festival, Dragon Boat Festival and Chinese New Year are the three most important traditional holidays.

中秋节、端午节和过年是三大重要的传统节日。

The moon will be round on that day.

月亮在当天会很圆。

Hope the weather will be fine at night.

希望晚上的天气很好。

This pomelo is so big.

这颗文旦很大。

I can't wait to eat mooncakes!

我等不及要吃月饼了。

Let's go outside to have a barbecue party.

我们到外面去吃烤肉大餐



96 儿童节

Yay! Children's Day is coming soon!

耶！儿童节要到了。

What present do you want on Children's Day?

在儿童节，你想收到什么礼物？

I want a new Lego set / a Barbie doll.

我想要新的乐高组合玩具/芭比娃娃。

I want to go to an amusement park.

我想去游乐园。

Grandpa sent you a big present.

爷爷给你寄来大礼物了。

Your aunt and uncle sent some money to you.

你的阿姨和叔叔寄了些钱给你。

Call Grandpa and say thank you.

打电话给爷爷说谢谢。

Do we have any special plans, Mom?

妈，我们有什么特别计划吗？

Well, let's just eat some good food and have fun.

嗯，我们去吃些好吃的，开心地玩。

Happy Children's Day!

儿童节快乐！

I wish every day were Children's Day.

我希望天天都是儿童节。



97 圣诞节

It's almost Christmas. 现在是圣诞节了。

Hooray! It's Christmas. 万岁！是圣诞节耶。

Not yet, Honey. It's December 25. 还没，宝贝！那是 12 月 25 日。

I wish for a white Christmas. 我希望是个白色圣诞节。

Let's sing a Christmas carol. 我们来唱圣诞歌。

I love Christmas the most. 我最喜欢圣诞节。

Let's put up our Christmas tree. 我们来把圣诞树架起来。

Shall we decorate the Christmas tree, too?

我们也要装饰圣诞树吧？

Let's put a star on the top.

我们在顶端放一颗星星吧。

That's a great-looking tree we made this year. /

We made a wonderful tree for Christmas this year, too.

今年我们也做了一棵很好看的圣诞树。

Did you read my Christmas card?

你读了我写的圣诞卡了吗？

Your Christmas card is very touching. Thank you, Honey.

你的圣诞卡让人很感动。谢谢你，宝贝。

It's Christmas tomorrow. Go to sleep early.

明天是圣诞节。早点去睡。

Oops, I forgot to put up the stockings.

啊，我忘记挂袜子了。

Put them next to the Christmas tree.

把它们挂在圣诞树旁边。

Have you been a good child for the entire year?

Santa only visits good kids.

你这一年都是乖小孩吗？圣诞老公公只拜访乖小孩。

Look! Santa put a present under the tree!

看！圣诞老公公把礼物放在树下了。

I want to open my present. 我要打开我的礼物。



98 去公园散步

Let's go for a walk. 我们去散步。

Want to go for a walk to exercise? 要去散步运动一下吗？

Let's go out to play in the park. 我们去公园玩吧。

Want to ride our bikes at the park? 要去公园骑脚踏车吗？

Wow! There are a lot of people at the park. 哇！公园有好多的人。

Say "hi" to our neighbors. 跟邻居打招呼。

Want to hold hands? 要手牵手吗？

Make sure you follow me, Honey. 宝贝，你要确实跟着我。

Don't throw trash on the ground. 不可以把垃圾丢在地上。

Don't pick the flowers. 不可以摘花。

Don't break the branches. 不可以折树枝。

Don't step on the grass.

不可以踩草地。

It's great weather for a walk.

这天气很适合散步。

The breeze is really nice.

微风真的很棒。

Mom, let's rest for a little.

妈，我们休息一下。

Mom, my legs hurt.

妈，我脚痛。

I think we came too far.

我想我们走太远了。

Want to go back now?

现在要回去了吗？



99 公厕

Let's wait in line.

我们来排队。

Knock on the door before going into the
restroom.

进厕所前要敲门。

Don't spit.

不要随意吐痰。

Don't draw on the wall of the restroom.

不要在厕所的墙壁乱画。

Flush the toilet after you are done.

你上完之后要冲水。

Wash your hands well.

好好地洗手。



100 超市

Mommy needs to go grocery shopping.

妈咪要去买菜。

Go get a cart.

去拉一台推车过来。

Let's see the grocery list.

我们来看需要购买物品的清单。

Let's go to the produce corner first.

我们先去农产品区。

Let's buy some fruit.

我们买些水果。

How much is this? 这个多少钱?

Give me 1kg of it. 给我 1 公斤。

I'll take this. 我要这个。

Put it in the cart. 把它放进推车。

Do you know where I can find the fish?

你知道卖鱼的在哪里吗?

The meat's really cheap / expensive.

这肉真的很便宜/贵。

The pack of ramen is on sale.

整袋装的拉面在打折。

Let's have fish for dinner.

我们晚餐吃鱼吧。

Tonight's dinner is sautéed octopus.

今天晚餐的菜单是炒章鱼。

Check if we forgot anything.

确认一下我们有没有忘了什么。

The cart is full.

推车都满了。



101 餐厅用餐

Can we get a menu? 可以给我们菜单吗?

Choose what you want to eat. 选你想吃的。

Did you choose what you want? 你选好你想要吃的了吗?

I want zajangmian and sweet and sour pork.

我想吃炸酱面和糖醋肉。

Hello. May I order now? 你好。现在我可以点餐了吗?

Get me some water, please. 请给我些水。

Can you get it quickly? 你可以快点供餐吗?

How long do I have to wait till the dishes come out?

我还要等多久，菜才会出来?

Can you set the spoons and chopsticks?

你能摆一下汤匙和筷子吗?

Don't goof around in the restaurant.

不可以在餐厅胡闹。

You have food on your lips. Mom will clean it off for you.

你的嘴巴上沾到食物了。妈妈帮你擦掉。

Want some more?

还要多吃一点吗?

Mine is good, too. Want to try some?

我的也很好吃。你要尝一下吗?

Mommy will eat the leftovers.

剩下的食物给妈妈吃。

Mom, I spilled my water.

妈，我的水溅出来了。

Can you pack the rest, please?

请把剩余的打包起来。

Can we get the check, please?

请给我结账单。

The dish was too salty / bland.

这食物太咸/清淡了。



102 电影院

Let's go to watch a movie. 我们去看电影。

What do you want to see? 你想看什么?

What movies are on? 有什么电影正在上映?

I want to watch a 3D movie. 我想看 3D 电影

What time should we watch the movie? 我们要看几点的?

Let's watch a matinee.

我们看下午场。

Let me buy the tickets beforehand./

Let me reserve the movie tickets.

我来订票。

I'll get the tickets.

我去买票。

It's already sold out.

已经都卖完了。

We have about 10 minutes till the movie starts.

离电影开始，我们还有十分钟。

Go to the bathroom before the movie starts.

电影开始前，先去上厕所。

Can I get popcorn and a drink?

我可以买爆米花和饮料吗?

Did you reserve the tickets, Mom?/

Did you buy the tickets ahead of time, Mom?

妈，你订了电影票了吗?

Did you receive the tickets from the box office?

你在售票处拿到票了吗?

Wait in line here and go in.

在这里排队进去



103 书店

Want to go to the bookstore? 要去书店吗?

Are there any books you wanted to read? 有任何你想读的书吗?

There are a lot of interesting books here. 这里有很多有趣的书。

Look at all the science magazines. 看这些科学杂志。

Pick what you want to read. 选你想要读的。

These are all new books. 这些都是新书。

Which one looks fun to you?

哪一本看起来很有趣?

Want to go over there?

要去那边吗?

Here are the books you wanted!

这些是你想要的书!

Want to read this?

想要读读这本吗?

Where are the dinosaur books?

恐龙的书在哪里呢?

Can you find me the book?

你能帮我找出那本书吗?

Can I read this book here?

我可以在这里看吗?

This is the 4th book in the series.

这是这个系列的第 4 本。

Can I get this book?

我可以买这本吗?

Do you want a cartoon book again?

你要买漫画书吗?

Let's buy a few English storybooks.

我们买些英文故事书吧



104 图书馆

Today's the day we go to the library. 今天是我们要去图书馆的日子。

Let's apply for a library card. 我们来申请借书证吧。

Want to find some books with a computer? 要用电脑找书吗?

How many books can I borrow? 我可以借多少本书?

We can only get 4 books. 我们只能借 4 本。

Don't rush. Take your time. 不用急，慢慢来。

Mom, read me this book. 妈，读这本书给我听。

Can I sit here and read? 我可以在这里读吗?

Don't be loud in the library. 不可以在图书馆喧哗。

Be quiet in the library. 在图书馆要安静。

You should not read the books out loud.

你不能大声地把书念出来。

You should not eat in the library.

你不可以 在图书馆吃东西。

You should not tear the books.

你不可以把书撕破。

Did you choose all the books?

你都选好书了吗?

I found a good book.

我发现了一本不错的书。

I want to read it immediately.

我马上就想读。

Let's check them out.

我们把它们借出去吧。

Give the librarian the card first.

先把卡片给图书馆员。

Read here until Mom chooses a book.

在这里读书，直到妈妈选好书。



105 银行

What is a bank for?/ What does a bank do for us?

银行是做什么的地方？

What do you do at the bank?

你在银行做什么？

We keep money in the bank.

我们把钱保管在银行。

Let's open an account for you.

我们来帮你开个账户。

Get a number.

抽号码牌。

We need to fill out the form.

我们要填好表格。

I want to save 10,000 to the bank.

我想要存一万元到银行。

I want to take out 10,000 here./ I will withdraw 10,000 here.

我在这里提一万元。

Did you bring your account book and seal?

你带了存折和印章吗？

What time does the bank open?

银行几点开门？

It opens at 9:00 AM.

早上九点开门。

After I fill my piggy bank, I'll bring it to the bank.

等我装满扑满，我就拿去银行。



106 爬山

Let's go hiking.

我们去健行吧。

The air is fresh.

空气很新鲜。

It's great to go up to a mountain.

去爬山很好。

The mountain is too high!

山太高了！

Go up/down carefully.

小心上去/下来。

My legs hurt.

我的腿很痛。

Let's rest for a little bit.

我们休息一下吧。

Want to drink some water from the fountain?

要去饮水机那喝点水吗？

We're finally at the top.

我们终于到山顶了。

We came all the way up here.

我们从大老远来到这里。

Shout hooray!

来呐喊一下万岁！

It was hard at first, but it feels good here at the top.

刚开始很累，但是来到山顶后，感觉很棒



107 海边旅行

Let's go on a trip to the sea.

我们去海边旅行吧。

Wow, it's the sea!

哇，是海耶！

The beach is very clean.

海边好干净。

The waves are too high!

海浪太高了！

The sand keeps getting in my shoes.

沙子一直跑进鞋子内。

Take off your shoes and go into the sea.

脱掉鞋子，去海边吧。

The water's too cold/salty.

水好冰/咸。

Want to set up the tent here?

要在这里搭帐篷吗？

Let's set a fire!

我们来生篝火。

Go sleep in the tent.

去帐篷里面睡。



108 游泳池

Shower before you go in the pool.

进泳池前，要先冲一下身体。

Clean up and change into your swimming suit.

洗干净之后，换上泳装。

Don't forget your swim cap and goggles, either.

也不要忘记你的泳帽和蛙镜。

Go to the restroom before getting into the pool.

进泳池前，先去上厕所。

Did you stretch?

你做伸展操了吗？

I'll inflate your inner tube.

我会帮你的游泳圈灌气。

Be careful since the floor is slippery.

地板很滑，要小心。

Don't go into the deep end of the pool.

不要去泳池深处的一端。

Please don't dive.

请不要跳水。

Try not to splash water on others.

试着不要让水溅到其他人。

Don't goof around in the pool.

不要在泳池内胡闹。

Don't make loud noises in the pool.

不要在泳池内制造噪音。

Don't swim right after you eat.

刚吃完，不可以马上游泳。

Go in a little later. 等一下再进去。



109 游乐园

Let's go to the amusement park. 我们进游乐园吧。

Let's buy tickets for all of the rides.

我们去买自由使用所有游乐设施的票。

I'll get the tickets. Wait here. 我去拿票。在这里等。

Wait in line. 排队等。

Want to ride this? 要搭这个吗？

I want to ride this, Mom. 妈，我想要搭这个。

That looks too scary. 那看起来太可怕了。

You're too short to ride this. 你太矮了，不能搭这个。

Let's go and watch the parade. 我们去参观游行。

The line's too long. Shall we ride something else?

队伍太长了。我们去搭其他的好 吗？

I want to ride the merry-go-round. 我想要做旋转木马。

Let's ride the Ferris wheel. 我们做摩天轮吧。

I'm going to ride the roller coaster. 我要去做云霄飞车。

I like the Viking Ride the most. /

The Viking Ride is the most fun.

海盗船最有趣了。

I'm dizzy. I think I'm going to throw up.

我头晕了。我想我要吐了。

Let's rest in the shade. 我们在阴影下休息吧。

I want to ride it again. 我还想要搭。

Can I ride it again? 我还可以再搭吗？



110 照相

Let's take a picture here. 我们在这里拍张照。

Want to take a picture with your friend?

要跟你的朋友一起照吗？

Stand next to your friend. 站在你朋友的旁边。

Move back a bit. 往后退一点。

Step ahead a little. 往前站一点。

Move to the left / right a little. 往左/右边移一点。

Everyone, squeeze together. 各位，靠在一起。

Say cheese! 说 cheese!

Smile for the camera. 请对着镜头微笑。

Make a big smile, please. 请给我一个大大的微笑。

You look nervous. 你看起来很紧张。

Try to look good. 摆出帅气的样子。

Will you pose for my camera? 你可以为我的相机摆个姿势吗？

Mom, take a picture of Jina and me. 妈，帮我跟吉娜照张相。

I'll take it this time. 这次我来照。

I don't want to take a picture of myself, Mom. /

I don't want my picture taken, Mom. 妈，我不想照相。

The camera was shaking. Let's take another picture.

相机晃了一下。我们再照一张。

Wow, it looks great. 哇，这张看起来很棒



111 走路

Take a bus today. 今天搭公车吧。

Let's take a taxi! 我们搭计程车啦。

Will you walk to the library today? 今天你要走路去图书馆吗?

How long does it take by walking? 走路的话, 要花多久时间?

About 20 minutes. 20 分钟左右。

I 'm going to walk today. 今天我走路去。

It's too far to walk. 走路的话, 太远了。

Hold my hand and walk. 握着我的手走。

Don't goof around on the street. 不可以在街上胡闹。

We're late. Let's walk faster. 我们晚了, 走快点。

I 'm breathless. 我很喘。

We walked too much. Let's rest for a little.

我们走太多了, 休息一下吧。

My legs hurt. 我腿很痛。

It's nice to walk ,isn't it? 走路很好, 不是吗?

Let's walk our dog, too. 我们也遛狗吧。

We can be healthy if we walk. 如果我们走路, 会更健康。

It seems like we came pretty far. 我们好像走到相当远

Want to sing while we walk? 想要边走边唱歌吗?

Want to drink something since it's hot?

好热喔, 要喝点什么吗?



112 过马路

Always be careful of cars when crossing.

过马路时，要小心车子。

you should cross at the crosswalk.

你应该走斑马线。

Stop in front of the crosswalk.

要停在斑马线的前面。

Don't run in the crosswalk.

不可以在斑马线上跑。

Mom, the light is green. Let's go.

妈，绿灯了。我们走吧。

Look to both sides and walk when the light turns green.

当变绿灯时，也要看一下左右两侧再走。

Hold your hand up when you cross.

当你过马路时，要举起你的手。

Stop when the green light is flickering

当绿灯在闪的时候，要停下来。

Let's wait for the next light.

我们等下一个信号灯吧。

Don't jaywalk 不可随便穿越马路。

There are no lights here. 这里没有信号灯。

Look carefully where there aren't any lights.

没有信号灯的地方一定要小心看路。

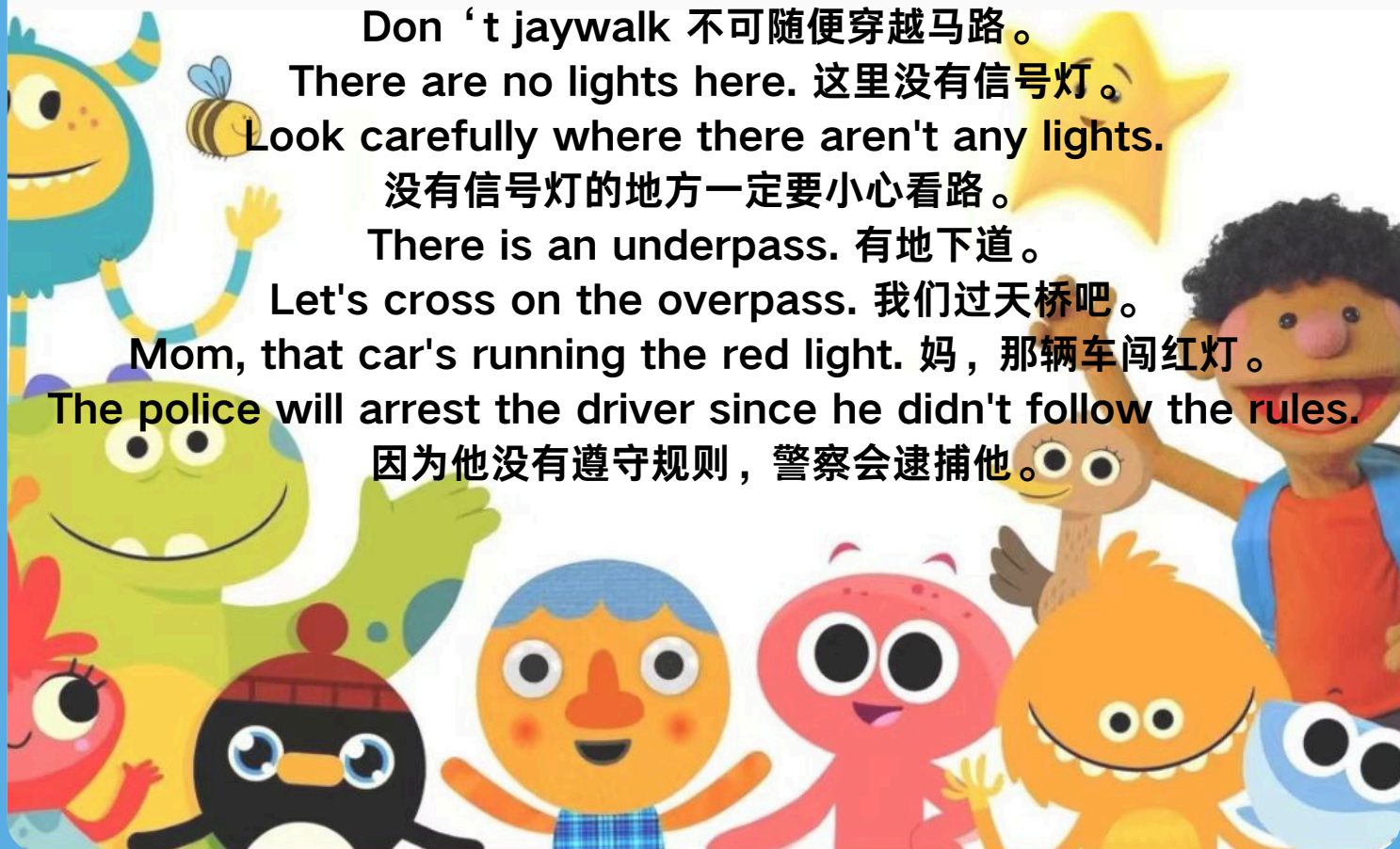
There is an underpass. 有地下道。

Let's cross on the overpass. 我们过天桥吧。

Mom, that car's running the red light. 妈，那辆车闯红灯。

The police will arrest the driver since he didn't follow the rules.

因为他没有遵守规则，警察会逮捕他。



113 公交车

Let's take a bus today.

今天我们搭公车吧。

The bus stop is over there.

公车站在那里。

Let's check the route.

我们来看一下线路图。

What number bus do we need to take?

我们要搭几号公车？

We can take the number 5538 or 571 bus.

我们可以搭 5538 或 571 公车。

We should cross the street to take the bus.

我们要过马路去搭公车。

How come the bus isn't coming?

公车为什么还没来？

What number bus is that? 那公车是几号？

The bus is here. Let's get in. 公车来了。我们上车吧。

Grab the handle. 抓住把手。

Go sit in an empty seat. 去坐在空位上。

Please give your seat to this lady.

请把位子让给这位女士。

Sit here, ma'am / sir. 爷爷/奶奶，请坐这里。

Keep your voice down and behave. 说话小声点，乖乖坐好。

Don't play with your feet. 不要玩你的脚。

You should not be loud inside the bus.

你不可在公车內大声说话。



114 地铁

Let's take the subway to visit your aunt.

我们坐地铁去你阿姨家。

Which subway line do we need to take?

我们要坐几号线？

We need to take the number one line.

我们要坐一号线。

Mom, the train is coming.

妈，电车来了。

Is that the train we need to take?

那是我们要搭的电车吗？

Right. Step behind the safety line.

对。退到安全线后。

Get on the subway train after people get off.

等人们都下车后，我们再上去。

Hurry! Get in!

快！上车！

Watch your step when you get on.

上车时，要小心脚。

Mom, there's an empty seat.

妈，有个空位。

Hand me the bag. I'll hold it.

把包包给我，我来拿。

How many more stops are left?

还剩几站？

Three stops from here.

还剩三站。

Don't jump around in the subway train.

不可以电车内跳。



115 日期

The calendar shows the date.

日历显示日期。

There are 12 months in a year.

一年有 12 个月。

A month has 30 or 31 days.

一个月有 30 天或 31 天。

Today is the sixth of August.

今天是 8 月 6 日。

Then what was the date yesterday?

那么，昨天是几号？

It was August fifth.

8 月 5 日。

Then what will be the date tomorrow?

那么，明天是几号？

It will be August seventh.

8 月 7 号。

What date will it be five days from today?

五天后是几号？

What did you do the day before yesterday?

前天你做了什么？

We have dinner plans the day after tomorrow.

后天我们有晚餐的计划。

There are two types of calendars: the lunar calendar and the western calendar.

日历有两种形态：阴历以及西历(即阳历)

February 7 is your birthday on the western calendar.

2 月 7 日是你的阳历生日。



116 星期

From Monday to Friday are the weekdays.

从星期一到星期五是平日。

We call Saturday and Sunday the weekend.

我们把星期六和星期日叫做周末。

What day is it today?

今天是星期几？

Today is Thursday.

今天是星期四。

Yesterday was Wednesday.

昨天是星期三。

Tomorrow will be Friday.

明天是星期五。

What day comes after Monday?

星期一之后是星期几？

It's Tuesday.

是星期二。

I like Friday the most because I can rest the next day.

我最喜欢星期五，因为隔天我可以休息。

Monday is the busiest day.

星期一是最忙的一天。



117 时间

There are 24 hours in a day.

一天有 24 小时。

The clock shows only 12 hours.

时钟只显示 12 个小时。

So the hour hand goes around two times a day.

因此，时针一天跑两圈。

The short hand tells you the hour on the clock.

时钟的短针告诉你几点。

The long hand tells you the minute.

长针告诉你几分。

When the hour hand points to 1 and the minute hand points to 12, it's 1 o'clock.

当时针指在 1，而分针指在 12 的时候，就是 1 点。

1 hour is 60 minutes.

一个小时有 60 分钟。

1 represents 5 minutes, and 2 represents 10 minutes.

1 代表 5 分钟，而 2 代表 10 分钟。

It's like skip counting by 5s.

这好像以每五分钟来简略计算。

One second is equal to one blink of an eye.

一秒跟眼睛眨一下的时间差不多。

60 seconds are equal to 1 minute.

60 秒就是 1 分钟。

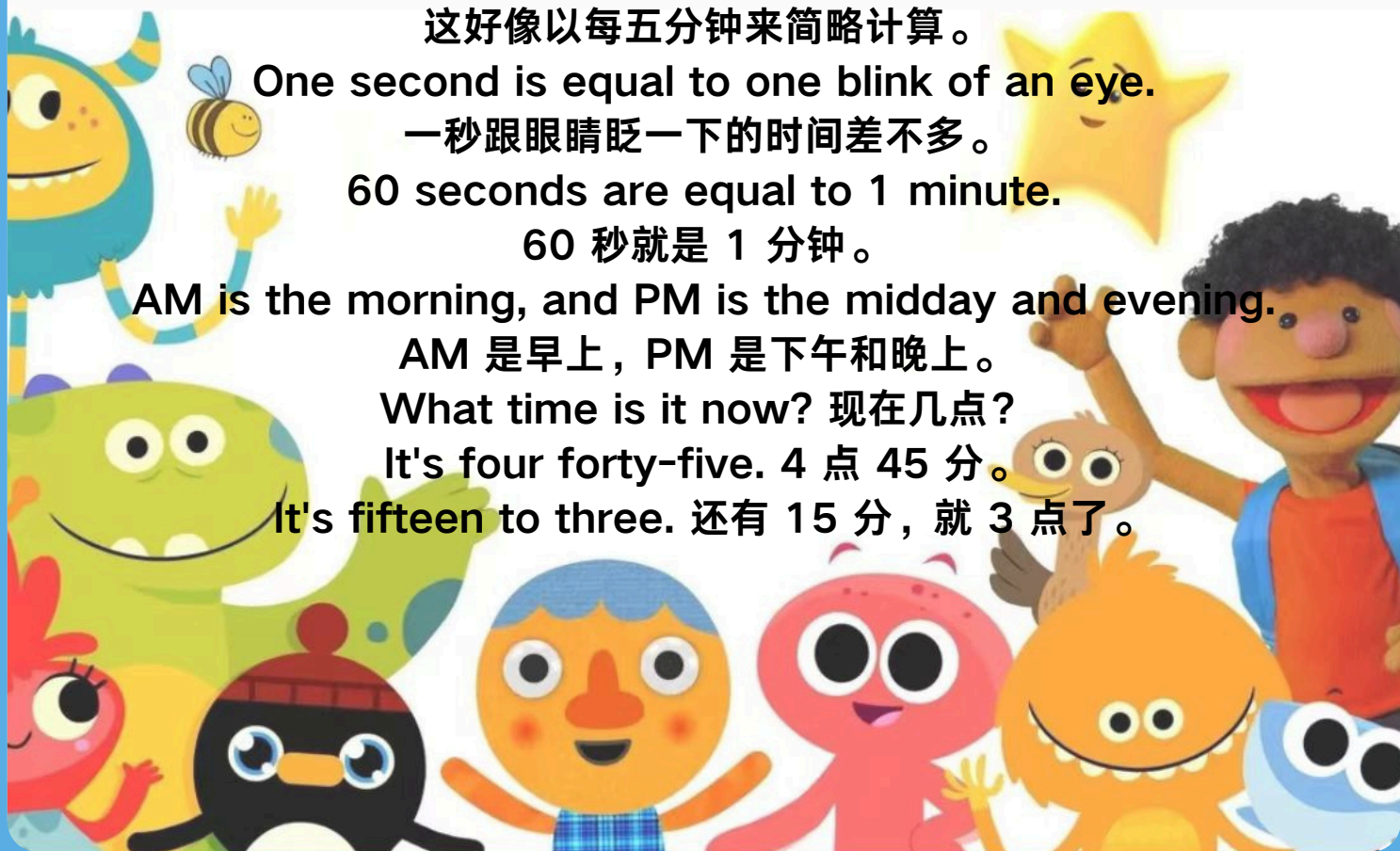
AM is the morning, and PM is the midday and evening.

AM 是早上，PM 是下午和晚上。

What time is it now? 现在几点？

It's four forty-five. 4 点 45 分。

It's fifteen to three. 还有 15 分，就 3 点了。



118 季节

Which season do you like the most?

你最喜欢哪一个季节？

I love spring the most. 我最喜欢春天。

We have four seasons in a year. 我们一年有四个季节。
In spring, the flowers bloom, and the green sprouts bud.

春天花会开，种子会发芽。

Summer is hot, and the trees are thick with
夏天很热，树的叶子很茂密。

Storms and the rainy season come during summer.
暴风和雨季在夏天来临。

During fall, trees change their colors to red, yellow, and orange.
在秋天，树木的颜色会变换成红色、黄色和橙色。

Winter is cold, and sometimes snow falls.
冬天很冷，偶尔还会下雪。

It's August. What season are we in?
现在是八月。我们在哪个季节？

The season is summer.
现在的季节是夏天。

Not all countries have four seasons.
不是所有的国家都有四季。

School starts in the spring.
学校在春天开学。

We all go on vacation in the summer.
我们都会在夏天放假。

My school has a sports day in the fall.
我的学校在秋天举办运动会。

I love the long vacation in the winter.
我喜欢冬天的长假



119 洗澡

Hey, Sweetie, it's time for a bath. 嘿，甜心，要洗澡了喔。
Now, let's get rid of your clothes and your diaper, too.

现在，我们把衣服和尿布都脱了。

Let's get into the tub. 我们进浴缸里吧。

Doesn't the water feel nice and warm? Or is it not warm enough?

这水是不是又棒又温暖呢？还是不够热？

Let's play with the toy duck. Quack, quack!

我们跟鸭子玩具一起玩吧。呱呱！

Why don't you paddle your feet? Splash! Splash!

你何不用脚划水呢？划呀，划呀！

Let's wash your hair first. 我们先洗头发吧。

Mommy will make some bubbles with the shampoo.

妈妈把洗发精搓成泡泡。

Let's wash it with some clean water. 我们用些干净的水来洗。

This slippery thing is called soap. 这个滑滑的东西叫做肥皂。

Now, let's wash your face and rub your body.

现在，我们来洗脸和身体。

Do your eyes hurt? 眼睛很刺痛吗？

Mommy will rinse it off quickly. 妈妈很快冲掉它。

Okay, now let's wash off all the soap.

好，现在我们来把肥皂洗掉。

It's all done. Let me dry you off with a towel.

都洗好了。我来用毛巾把你擦干。

You are even prettier / more handsome after a bath.

洗完澡后，你变得更漂亮/帅了。

Do you feel clean, baby?

宝贝，你觉得干净吗？

Now that we have taken a bath, how do you feel?

现在我们洗完澡了，你觉得如何？



120 抱/背

Do you want me to hold you?

你要妈妈抱吗？

Do you want me to give you a piggy-back ride?

你要妈妈背吗？

Come here, Sweetie. Let me give you a piggy back ride.

甜心，过来，妈妈背你。

Mommy will bring the baby strap.

妈咪去拿婴儿背带。

Mummy will hold you with the baby carrier.

妈咪用婴儿背带抱你。

How is it? Are you comfortable?

怎么样？你觉得舒服吗？

Is there anything that's bothering you?

有什么东西让你不舒服吗？

Just lean on Mummy.

靠着妈妈就好。

Sweetie, do you like riding on Mummy's back?

甜心，你喜欢让妈妈背吗？

Why don't you sleep on Mummy's back?

在妈妈的背上睡觉，好吗？

Can you hear Mummy's heartbeat?

你能听到妈妈的心跳吗？

Do you want to come down now?

你现在想下来了么？

Why don't you get down? Mummy's arms hurt.

你何不下来呢？妈妈的手臂疼了。

Want to stay on Mummy's back for a little longer?

你要在妈妈的背上多呆一会吗？



121 自我介绍

Let me introduce myself. 我来自我介绍一下。

My name is Jina Ji. 我的名字是季吉娜。

I'm 8 years old. 我八岁。

I live in ABC Apartment. 我住在 ABC 公寓。

There are four people in my family: my dad, mom, my younger brother, and me.

我家有四个人：爸爸，妈妈，弟弟和我。

My height is 130cm, and my weight is 25kg.

我身高有 130 公分，体重是 25 公斤。

My favorite food is chocolate.

我最喜欢的食物是巧克力。

I like reading books very much. 我非常喜欢阅读。

I have a pet dog. 我养了一只狗当宠物。

I'm Minsu Li. I'm in the first grade in class 3.

我是李民肃。我是一年三班的学生。

My nickname is Lightfoot because I'm a fast runner.

因为我跑很快，所以我的绰号是飞毛腿。

I like sports although I'm not really good at them.

虽然我不太擅长运动，但是我很喜欢。

I want to be good friends with all of you.

我希望跟大家都成为好朋友。

I want to be a soccer player when I grow up.

我长大后，想当一个足球选手。

My dream is to be a doctor when I grow up.

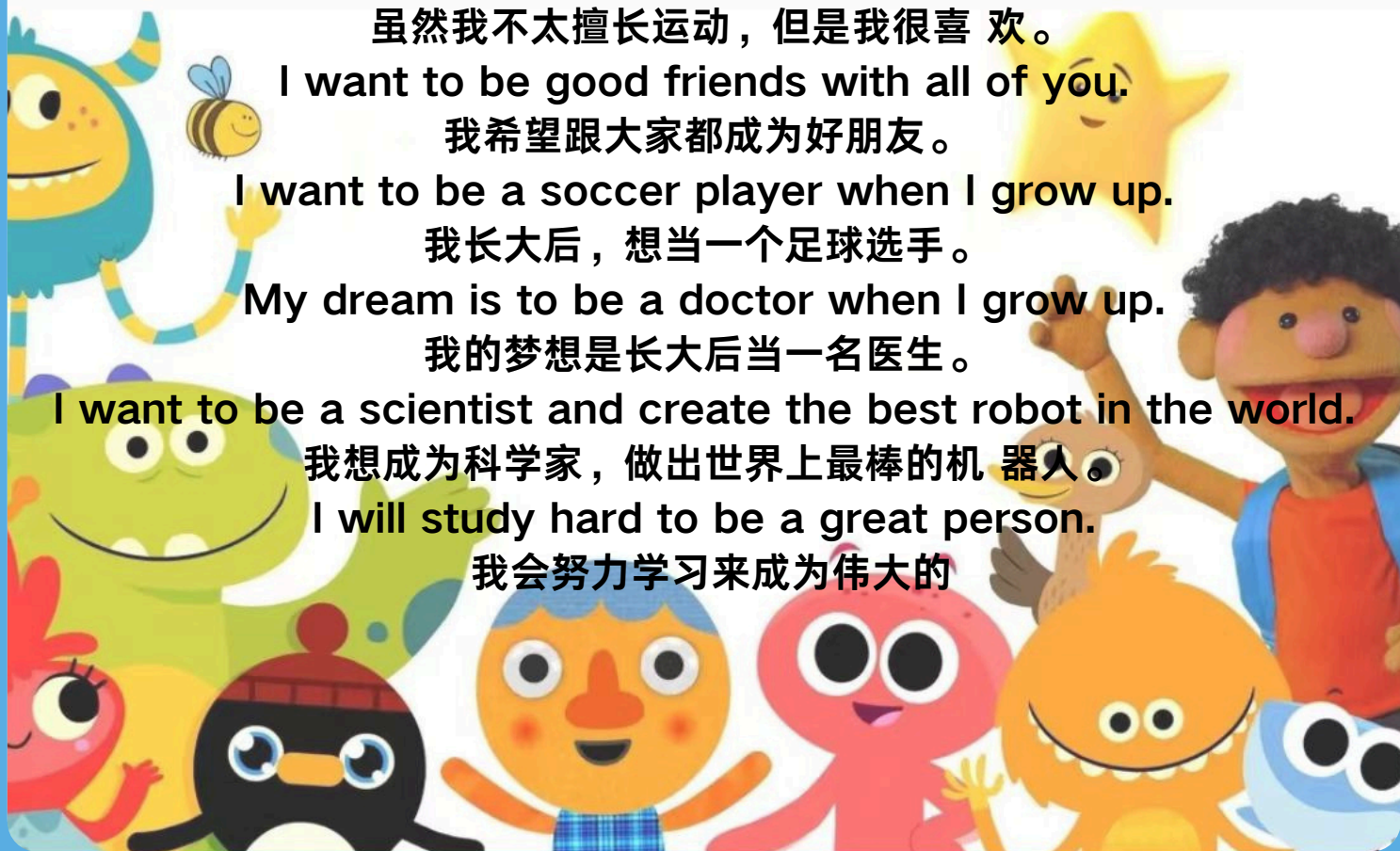
我的梦想是长大后当一名医生。

I want to be a scientist and create the best robot in the world.

我想成为科学家，做出世界上最棒的机器人。

I will study hard to be a great person.

我会努力学习来成为伟大的



122 做作业

Do you have any homework today? 你今天有任何作业吗?
Yes. I have to do an oral report on some daily sentences.

有。我要用一些日常用语做一个口头报告。

The homework is due tomorrow. 这个作业明天就要交。
Do your homework together with me. 跟我一起做功课吧。

I'll help you then. 那么，我来帮你。

Try to do your homework by yourself. 试着自己做功课看看。

Bring your language notebook to practice it.

把你的语言笔记本拿来练习。

Are you still working on your homework? 你还在做作业吗?

Mom, the homework is too hard for me.

妈，这作业对我来说太难了。

I've got too much homework today.

今天我有太多的功课了。

Look at how well you do your homework!

看你把家庭作业做得多好!

I like my homework. It's so fun!

我喜欢我的作业。这很有趣!

My teacher told us not to forget about the homework.

老师跟我们说不要忘记作业。

If I do my homework, my teacher will give me sticker.

如果我做功课的话，老师会给我贴纸。

I have to bring my homework on Thursdays.

我在星期四要把作业带去。

I've worked enough at school. Why should I do work at home?

我在学校已经做得够多了。为什么我还要在家里做呢?

Your homework helps you review what you learned.

你的作业可以帮助你复习学过的东西



123 课程

How many classes do you have today?

你今天有多少堂课？

I have five classes today.

我今天有五堂课。

School ends early today.

今天学校提早放学了。

The school hours are shortened today.

今天学校的时间缩短了。

What is your favorite class / subject?

你最喜欢的课程是什么？

I like PE class the most.

我最喜欢体育课。

How long does each class last?

每堂课有多久？

It lasts for 40 minutes.

有 40 分钟。

What do you do during your break time?

休息时间的时候，你做什么？

I play picture card games with my friends during recess.

休息时间的时候，我跟朋友们玩卡片游戏。

What did you learn at school today?

今天你在学校学了什么？

The teacher told us a very funny story.

老师跟我们讲了一个非常有趣的故事。

What did your teacher ask?

老师问了什么问题？

Did you answer the question with a loud voice?

你大声地回答老师的问题了吗？

